

# You Got This!

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BY STEPHEN

拍數: 32      牆數: 4      級數: Absolute Beginner Soul  
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音樂: Forget Me Nots - Patrice Rushen



## #32 count intro

### WALK FORWARD, SHUFFLE, TOUCH LEFT, TOUCH RIGHT

1-2            Step right foot forward, step left foot forward  
3&4           Step right foot forward, step left next to right, step right foot forward  
5-6           Touch left toe to the left side, step left foot next to right  
7-8           Touch right toe to the right side, step right foot next to left

### WALK BACKWARD, SHUFFLE, TOUCH RIGHT, TOUCH LEFT

1-2            Step left foot backward, step right foot backward  
3&4           Step left foot backward, step right next to left, step left foot backward  
5-6           Touch right toe to the right side, step right foot next to left  
7-8           Touch left toe to the left side, step left foot next to right

### RIGHT SIDE TO SIDE CLAP, LEFT SIDE TO SIDE CLAP CLAP

1-2            Step right foot to the right side, step left next to right  
3-4            Step right foot to the right side, step left next to right and clap  
5-6            Step left foot to the left side, step right next to left  
7&8           Step left foot to the left side, clap twice

### STEP 1/8 TURN LEFT, STEP 1/8 TURN LEFT, SWAY

1-2            Step right foot forward, pivot your left foot 1/8 turn left on the ball of your foot  
3-4            Step right foot forward, pivot your left foot 1/8 turn left on the ball of your foot  
5-8            Sway your hips right, left, right, left, ending with weight on left foot.

**Repeat, add your own style & have fun!!**

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