

# Aotearoa Groove

COPPER KNOB  
BY STEPHEN

拍數: 38      牆數: 2      級數: Improver  
編舞者: Melissa Lau (NZ) - February 2021  
音樂: Poi E - Patea Maori Club



Dance begins after approximately 16 counts (after the words "taku poi e")

## STOMP-PADDLE TURNS (x3), CROSS SHUFFLE

1, 2      Stomp R fwd (12:00), pivot ¼ turn left transferring weight onto L (9:00)  
3, 4      Stomp R fwd, pivot ¼ turn left transferring weight onto L (6:00)  
5, 6      Stomp R fwd, pivot ¼ turn left transferring weight onto L (3:00)  
7&8      Cross R over L, step L slightly left, cross R over L

## SIDE ROCK, ½ SAILOR, FWD SHUFFLE, ½ HINGE TURN

1, 2      Rock L to side, recover on R  
3&4      Swing L behind R turning ½ left (9:00), step R next to L, step L next to R  
5&6      Step R fwd, step L next to R, step R fwd  
7, 8      Turn ¼ right stepping L back (12:00), turn ¼ right stepping R to side (3:00)

## SYNCOPATED CROSS ROCK-SIDE (x2), CROSS, SYNCOPATED MONTEREY TURN

1, 2&      Rock L across R, recover weight on R, step L next to R  
3, 4&      Rock R across L, recover weight on L, step R next to L  
5, 6      Cross L over R, point R to side  
7, 8, &      ½ turn right bringing R to L (9:00), point L to side, step L next to R  
(Easier option instead of SYNCOPATED CROSS ROCK-SIDE: CROSS, POINT)  
1, 2, 3, 4      Cross L over R, point R to side, cross R over L, point L to side

## HEEL SWITCHES, FWD HEEL, BACK TOUCH, SIDE TOUCH, FLICK-SLAP, ¼ TURN HITCH-SLAP, STOMP UP

1&, 2&      Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R  
3, 4, 5      Tap R heel fwd, tap R toes back, tap R toes to side  
6      Raise R behind L leg slapping R heel with L hand  
7      Turn ¼ left on L ball lifting R knee and slapping R heel with R hand (6:00)  
8      Stomp R next to L keeping weight on L

## ROCKING CHAIR, HIP SWAYS

1, 2, 3, 4      Rock fwd on R, recover weight on L, rock back on R, recover weight on L  
5, 6      Step R to side swaying hips right, sway hips left

\* RESTART: on wall 2 after 36 counts (facing 12 o'clock)

\* ENDING: on last wall, dance up to 5 counts, and HOLD on 6th count facing the front

Choreographed in conjunction with Waitangi Day 6th February, the national day of New Zealand.