

Switch To Me

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Eun Young NA (KOR) - February 2021
音樂: Switch to Me (나로 바꾸자) - RAIN (비) & J.Y.Park (박진영)



Intro: 36C - Sequence : AA AA - BB - AA A' - BB

Part A - 32 counts

Sec 1: Shuffle fwd ×2, Jazz with 1/4 (3:00), Side chasse

1&2 Step RF Fwd to slightly to R, Step LF next to RF, Step RF Fwd
3&4 Step LF Fwd to slightly to L, Step RF next to LF, Step LF Fwd
5-6 Cross step RF over left, Turn 1/4R stepping on back LF (3:00)
7&8 Step RF to R, Step LF next to RF, Step RF to R

Sec 2: Cross rock, Side rock, Sailor, Pivot 1/2 turn L (9:00), Stomp×2

1&2& Cross rock step LF over RF, Recover step RF, Side rock step LF, Recover step RF
3&4 Cross LF behind RF, Step RF to R, Step LF to L
5-6 Step RF Fwd, 1/2 turn to L changing weight on LF (9:00)
7-8 Stomp RF in place, Stomp LF next to RF

Sec 3: Cross point, Cross point, Behind point, Behind point

1-2 Cross step RF over LF, Point LF to L
3-4 Cross step LF over RF, Point RF to R
5-6 Behind step RF over LF, Point LF to L
7-8 Behind step LF over LF, Point RF to R

Sec 4: Together, Step, Hold, Side×2, Hold (In.In.Hold,. Out.Out. Hold) Cross, Back, Side, Cross, Back, Side, Touch

&1-2 Step RF next to LF, Step LF in place, Hold
&3-4 Step RF to R, Step LF to L, Hold
5&6& Cross step RF over LF, Step LF back, Side step RF to R, Cross step LF over RF
7&8 Step RF back, Side step LF to L, Touch RF next to LF

Option

&1-2 Jump in together steps (while twisting slightly to L), Jump out side steps (while twisting slightly to R), Hold
&3-4 Jump in together steps(while twisting slightly to L), Jump out side steps(while twisting slightly to R), Hold

Part B - 16 counts

Sec 1: Hip roll, Touch, Hip roll, Touch, Cross, 1/4 back, Side chasse

1-2 Step RF while rolling hip from L to R (with pushing your R hand Fwd) Side touch LF side
3-4 Step LF while rolling hip from R to L (with pushing your L hand Fwd) Side touch RF side
5-6 Cross step RF over left, Turn 1/4R stepping on back LF (3:00)
7&8 Side step RF to R side, Step LF next to RF, Step RF to R side

Sec 2: Step, Sweep, Cross shuffle, Side rock, Behind, 1/4 Fwd, Fwd

1-2 Step LF Fwd, Sweeping RF around LF from back to front
3&4 Cross RF over LF, Step LF to L side, Cross RF over LF
5-6 Side rock step LF, Recover step RF,
7&8 Behind step LF over RF, Turn 1/4R stepping on RF Fwd(3:00), Step LF Fwd

Note : After 9 wall, You are facing 12:00

