One (L/P)

級數: Beginner (L/P)

牆數: 4 編舞者: Janet Kearney (USA) - February 2021

音樂: Down to One - Luke Bryan : (iTunes)

或: When It Rains It Pours - Luke Combs

Alternate music: When It Rains It Pours by Luke Combs

Intro: The song begins very slowly and quietly, then it picks up speed. Start counting when the speed increases and you'll start the dance after 16 counts - immediately before the lyrics begin! **NO TAGS OR RESTARTS**

(1 - 8) WALK FORWARD R-L, SHUFFLE FORWARD R, PIVOT ½ TO R, SHUFFLE FORWARD L

- 1 2 Step R forward, Step L beside R
- 3&4 Step R forward, Step L beside R, Step R forward
- 5 6 Step L forward, Pivot 1/2 turn to R (6:00)
- 7 & 8 Step L forward, Step R beside L, Step L forward

(9 - 16) WEAVE L, CROSS ROCK, SHUFFLE SIDE R

- 1 4 Cross R in front of L, Step L to L side, Cross R behind L, Step L to L side
- 5 6 Rock R in front of L, Recover on L
- 7 & 8 Step R to R side, Step L beside R, Step R to R side

(17 - 24) WEAVE R, CROSS ROCK, SHUFFLE SIDE L

- 1 4 Cross L in front of R, Step R to R side, Cross L behind R, Step R to R side
- 5 6 Rock L in front of R, Recover on R
- Step L to L side, Step R beside L, Step L to L side 7 & 8

(25 - 32) PIVOT ¼ TO L 2 Xs, JAZZ BOX ¼ TO R

- 1 2 Step R forward, Pivot ¼ turn to L (3:00)
- 3 4 Step R forward, Pivot ¼ turn to L (12:00)
- 5 8 Cross R in front of L, Step L back and turn ¼ to R (3:00), Step R beside L, Step L slightly forward

Repeat and smile!

Thank you for checking out my first line dance I I hope you enjoy it! The dance works to many songs so please feel free to dance it to anything that works! Hope to see you on the floor! LiveLoveLaughLineDance

IG @barndancerj barndancerj@gmail.com

January 28, 2021 Last Update - 3 April 2021





拍數: 32