

Better off Gone

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Erika Borrelli (IT) - February 2021
音樂: Better off Gone - Logan Mize



**RESTARTS:

*3rd Wall, after 16 counts (H.06.00)

*6th Wall, after 8 counts (H.06.00 - coaster step will be replaced by mambo touch)

RUMBA BOX - DRAG R&L BACK - R COASTER STEP

1&2 Right step to right, left next to right, right step fwd
3&4 Left step to left, right next to left, left step back
5-6 Drag/Slide Right foot back, Drag/Slide Left foot back
7&8 Right step back, Left next to right, Right step fwd
(Restart here on the 8th wall. Coaster step will be replaced by mambo touch -
7&8 Right step back, recover to left, touch right next to left)

L STEP FWD - TOUCH RIGHT TO RIGHT 1/4 TURN LEFT - CROSS/SIDE/CROSS - L.ROCK SIDE - L.SAILOR STEP ¼ TURN LEFT

1-2 Left step fwd - touch right to right side ¼ turn left
3&4 Cross right behind left, left step to left side, cross right over left
5-6 Left step to left side, recover to right
7&8 cross left behind right, right next to left ¼ turn left, Left step fwd
(Restart here on the 6th wall)

R&L LOCK STEP FWD - R.KICK BALL CROSS - HIP BUMPS R-L-R

1-2& Right step diagonally fwd, cross left behind right, right step diagonally fwd
3-4& Left step diagonally fwd, cross right behind left, left step diagonally fwd
5&6 Right kick diagonally fwd, close right next to left, cross left over right
7&8 Bump hips to right/left/right (weight on the right)

L SAILOR STEP - R SAILOR STEP - L MAMBO STEP FWD - R MAMBO TOUCH

1&2 cross left behind right, right next to left, left step to left
3&4 cross right behind left, left next to right, right step fwd
5&6 left step fwd, recover to right, left step back
7&8 right step back, recover to left, right touch next to left (weight on the left)

At the end of the choreo, "right touch next to left" is replaced by "right stompfwd":

FINAL

7&8 right step back, recover to left, right stomp fwd.
Put your right hand on your hat and...enjoy !!!

Last Update - 11 Feb. 2021 -R2