

Tu Conmigo

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: mBah Wir (INA) - February 2021
音樂: Yo Contigo, Tú Conmigo - Morat & Álvaro Soler



Intro: 8 Count

S1: FORWARD, TURN ½ LEFT BACK, BACK, LIFT, BACK, TURN ¼ LEFT FORWARD, FORWARD, FULL VOLTA TURN

1&2& Step L forward (1), Make ½ L turn step R back (&), Step L back (2), Lift R knee up (&)
3&4 Step R back (3), Make ¼ L turn step L forward (&), Step R forward (4) 03.00
5& Make ¼ L turn step L forward (5), Step on ball of R in place (&) 12.00
6& Make ¼ L turn step L forward (6), Step on ball of R in place (&) 09.00
7& Make ¼ L turn step L forward (7), Step on ball of R in place (&) 06.00
8 Make ¼ L turn step L forward (8) 03.00

S2: SAMBA WHISK (RIGHT, LEFT), RIGHT ROLLING VINE, BOTAFOGO

1&2 Step R to side, Cross L behind R, Step R in place
3&4 Step L to side, Cross R behind L, Step L in place
5&6 Make ¼ R turn step R forward (5), Make ½ R turn step L back (&), Make ¼ R turn step R to side (6)
7&8 Cross L over R (7), Step R to side (&), Step L to side (8)

* Restart here on wall 3, 7 & 8 after adding 4 counts Tag

S3: CROSS OVER, SIDE, BACK, LIFT, BACK, TURN ¼ LEFT SIDE, FORWARD, SIDE MAMBO (RIGHT, LEFT)

1&2& Cross R over L (1), Step L to side (&), Step R back (2), Lift L knee up (&)
3&4 Step L back (3), Make ¼ R turn step R to side (&), Step L forward (4) 06.00
5&6 Rock R to side (5), Recover on L (&), Step R next to L(6)
7&8 Rock L to side (7), Recover on R (&), Step L next to R(8)

S4: VAUDAVILLE, CROSS SHUFFLE, SYNCOPATED CROSS SHUFFLE

1&2& Cross R over L, Step slightly L back (&), Touch R heel forward (2), Step R next to L
3&4& Cross L over R (3), Step R to side (&), Touch L heel forward (4), Step L next to R (&)
5&6& Cross R over L (5), Step L to side (&), Cross R over L (6), Step L to side (&)
7&8 Cross R over L (7) Step L to side (&), Cross R over L (8)

Tag (4 count) at the end of wall 3, wall 7 and wall 8 after count 16

SIDE, TOUCH, TURN 1/4 LEFT SIDE, TOGETHER

1-4 Step R to side (1), Touch L beside R (2), Make 1/4 L turn step L to side (3), Step R next to L (4)

RESTART & TAG

Restart & Tag during wall 3, wall 7 and wall 8 after 16 counts & adding 4 counts Tag

For further informations about this dance please contact me at: gieprod@yahoo.com

Last Update - 5 Feb. 2021