

On My Holidays

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Hayley Wheatley (UK) & Ella Wheatley (UK) - December 2020
音樂: Holidays (feat. Earth, Wind & Fire) - Meghan Trainor
或: I'm On My Way - Bob Sinclair



AND On My Way By Bob Sinclair

Choreographer's Note: This dance was originally choreographed for the Streamline Christmas Special and works well to the festive "Holidays" Track.

But for full release (and all year enjoyment) the steps are being danced to "On My Way".

The dance works great to both music pieces for all-year-round fun. Making it interchangeable upon release, a self penned: Chameleon Dance

Count in: 32 Counts (H)/ 16 Counts (OMW)

Please note for "On My Way" there is a Restart on Wall 3, after 16 counts, which you don't need in the holidays version.

S1: V-STEP, TOUCH TOE, ¼ TURN, TOUCH TOE, CLOSE, WALK, WALK

- 1-2 Step RF out to R diagonal (45 deg), Step LF out to L diagonal (45 deg) 12:00
- 3-4 Step RF to back to centre, Step LF in beside R 12:00
- 5&6& Touch R toe to R side, Close RF beside LF while making ¼ turn R, Touch L toe to L side, Close LF beside RF 3:00
- 7-8 Walk fwd on RF, Walk fwd on LF 3:00

S2: ROCK FWD, RECOVER, ½ TURN, ½ TURN, ¼ TURN, STOMP, SWIVELS

- 1-2 Rock fwd onto RF, Recover onto LF 3:00
- 3-4 Make ½ turn R stepping fwd onto RF, Make ½ turn R stepping back onto LF 3:00
- 5-6 Make ¼ turn R stepping RF to R side, Stomp LF to L side (Weight on R) 6:00
- 7&8 Swivel L heel in, Swivel L toe in, Swivel L heel in (Weight on L) 6:00

(Restart) Restart here one Wall 3 (for non-festive version only), facing 6:00

S3: STEP, BOUNCE ½ TURN, BOUNCE ¼ TURN, KICK BALL CHANGE

- 1 Step RF fwd 6:00
- 2-3-4 Bounce heels while making 1/6 turn to the left three times to complete a ½ turn L in total 12:00
- 5-6 Bounce heels while making 1/8 turn to the right twice to complete a ¼ turn R in total (Weight finishes on L) 3:00
- 7&8 Kick RF fwd, Close RF beside LF, Replace LF beside RF 3:00

S4: ROCKING CHAIR, PIVOT ½ TURN, PIVOT ½ TURN

- 1-2 Rock fwd onto RF, Recover onto LF 3:00
- 3-4 Rock back onto RF, Recover onto LF 3:00
- 5-6 Step fwd onto RF, Pivot ½ turn L 9:00
- 7-8 Step fwd onto RF, Pivot ½ turn L 3:00

S5: SLIDE RIGHT, ROCK BACK, RECOVER, VINE LEFT,

- 1-2 Step RF to R side, Drag LF to meet R 3:00
- 3-4 Rock back on LF, Recover onto RF 3:00
- 5-6 Step LF to L side, Step RF behind L 3:00
- 7-8 Step LF to L side, Cross RF over L 3:00

S6: SCUFF, TOUCH, SHIMMY SHOULDERS, STEP BACK, ½ TURN, FULL TURN

- 1-2 Scuff LF out to L diagonal, Touch L toe fwd to L diagonal 1:30

- 3-4 Shimmy shoulders fwd, shimmy shoulders back (keeping weight on RF) 1.30
- 5-6 Step back on LF, Step fwd onto RF making ½ turn R 7.30
- 7-8 Step back on LF making ½ turn R, Step fwd on RF to make ½ turn R (finishing on R diagonal) 7.30

S7: CROSS, STEP BACK, SLIDE LEFT, HEEL TAPS

- 1-2 Cross LF over RF, Step back on RF 7.30
- 3-4 Step LF to L side (squaring up to 6:00), Drag R toe to meet LF 6:00
- 5-6 Tap R heel fwd, Replace RF, 6:00
- 7-8 Tap L heel fwd, Replace LF 6:00

S8: DIAGONAL STEPS WITH TOUCHES. WALK BACK X3, STEP TOGETHER

- 1-2 Step RF to R diagonal while pushing hip to R corner, Touch L toe beside RF 6:00
- 3-4 Step LF to L diagonal while pushing hip to L corner, Touch R toe beside LF 6:00
- 5-6 Step back onto RF, Step back onto LF 6:00
- 7-8 Step back onto RF, Close LF beside RF 6:00

Choreographers note: On counts 5-8 Lean body fwd and click both fingers fwd while walking back.
