

Eres Mia

拍數: 64 牆數: 4 級數: Improver
編舞者: Linda Oei (INA) - January 2021
音樂: Eres Mía - Romeo Santos



Restarts

on wall 3 (after 52 C)

on wall 7 (after 24 C)

Intro 32 Counts

S1 : Rocking Chair - Side Rock - Touch - Hip Bump

1,2 R step forward - Recover on L
3,4 R step backward - Recover on L
5,6 Step R to side - Recover on L
7,8 Touch R beside L (bump R hip) - drop R heel

S2 : Rocking Chair - Side Rock - Touch - Hip Bump

1,2 L step forward - Recover on R
3,4 L step backward - Recover on R
5,6 Step L to side - Recover on R
7,8 Touch L beside R (bump L hip) - drop L heel

S3 : Toe Strut Forward (R, L, R, L)

1,2 Touch R toe - Drop R heel
3,4 Touch L toe - Drop L heel
5,6 Touch R toe - Drop R heel
7,8 Touch L toe - Drop L heel

S4 : Step Back (R, L, R, L) - Out - Out - Hip Roll

1,2,3,4 Step back R, L, R, L
5,6 Step R to side, Step L to side
7,8 Roll the hip

S5 : Side - Close - Side - Touch (R-L)

1,2 Step R to side - Close L together
3,4 Step R to side - Touch L beside R (bump L hip)
5,6 Step L to side - Close R together
7,8 Step L to side - Touch R beside L (bump R hip)

S6 : Side - Touch - (R-L) - ¼ Turn Left - Side - Touch (R-L)

1,2 Step R to side - Touch L beside R
3,4 Step L to side - Touch R beside L
5,6 ¼ turn left step R to side - Touch L beside R
7,8 Step L to side - Touch R beside L

S7 : Out - Out - In - In - Back Rock - Hold

1,2 Step R to side - Step L to side
3,4 Step R in place - Step L in place
5,6 Step R back - Recover on L
7,8 Touch R beside L - Hold

S8 : Side - Close - Side - Point - Rolling

- 1,2 Step R to side - L close beside R
- 3,4 Step R to side - Point L to side
- 5 $\frac{1}{4}$ turn left - Step L forward
- 6 $\frac{1}{2}$ turn left - Step R back
- 7 $\frac{1}{4}$ turn left - Step L to side
- 8 Touch R beside L

Last Update - 13 Feb. 2021
