

A Few Shots! (CBA 2021)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Fred Whitehouse (IRE), Shane McKeever (N.IRE) & Niels Poulsen (DK) -
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音樂: Whiskey - Tje Austin



Intro: 16 Counts. Start on vocal at approx 18 secs

SEC 1: ROCK FWD, REC. HITCH, SWEEP, BEHIND SIDE CROSS 1/8R, ROCK 'N' ROLL, BACK ROCK, FULL TURN

- 1 Rock R fwd bringing L foot behind R heel
- 2 Step back on L hitching R knee in a figure 4 position (R knee turned out R)
- 3 Cross R behind L sweeping L to L side
- 4&a Cross L behind R , step R to R side, cross L over R turning 1/8 R (1:30)
- 5a Rock R fwd pushing upper-body fwd, recover back on L rolling body from chest and down
- 6a Rock R fwd pushing upper-body fwd, recover back on L rolling body from chest and down
- 7 - 8 Rock back on R prepping body to R side, recover fwd on L
- &a Turn 1/2 L stepping back on R, turn 1/2 L stepping fwd on L

SEC 2: STEP 1/2 L, BALL SWEEP 1/8 L, WEAVE, L SIDE ROCK/KNEE, 1/4 R SWEEP, L&R TWINKLES

- 1-2 Step R fwd turning 1/2 on R, change weight to L (7:30)
- a3 Step R fwd, step L fwd turning 1/8 L sweeping R fwd at the same time (6:00)
- 4&a Cross R over L, step L to L side, cross R behind L
- 5 Rock L to L side bending in L knee and rolling R knee in towards L AND with R arm going down and up to reach to L side turning 1/4 L (3:00)
- 6 Turn 1/2 R stepping fwd on R sweeping L fwd at the same time (9:00)
- 7&a Cross L over R, rock R to R side, recover on L
- 8&a Cross R over L, rock L to L side, recover on R

SEC 3 : ROCK FLICK & HOOK, FWD POINT & SNAPS, FWD POINT TOUCH, BODY GRIND, MAMBO 1/2 L, R LOCK STEP, STEP HITCH R

- 1-2 Rock L fwd flicking R behind L, recover back on R hooking L over R shin
- 3&a Step L fwd, point R to R side snapping R fingers to R side, snap L fingers to L side
- 4&a Step R fwd, point L to L side, touch L next to R
- 5 - 6 Step L to L side grinding body L, recover R grinding body R dragging L foot next to R
- 7&a Rock L fwd, recover back on R, turn 1/2 L stepping L fwd (3:00)
- 8&a1 Step R fwd, lock L behind R, step R fwd, step L fwd hitching R knee

SEC 4: BACK R&L, 1/4 R SIDE ROCK, VINE 1/4 L, STEP 1/2 L, LOCK 1/2 L, RUN 1/2 L

- 2a3 Step back on R dragging L heel, step back on L, turn 1/4 R rocking R to R side (6:00)
- 4&a Recover on L, cross R behind L, turn % L stepping L fwd (3:00)
- 5 - 6 Step R fwd, turn 1/2 L onto L (9:00)
- 7&a Turn 1/4 L stepping R to R side, cross lock L over R, turn 1/4 L stepping back on R (3:00)
- 8&a Turn 1/4 L stepping L to L side, turn 1/4 L stepping fwd on R, step fwd on L (9:00)