

拍數: 96 牆數: 4 級數: Intermediate
編舞者: Dimitar Petrov (BUL), Mitko (BUL) & Plovdiv (BUL) - January 2021
音樂: Binaz In Dub (Remix) - Shantel



Stepsheet : Els de Vos (FB the risingsundancers)

KICK R , L, R, L, ROCKING CHAIR 2X, JAZZ BOX, R BACK, LEFT SWEEP BACK, STEP BACK, ¾ TURN R WALK R,L,R.

- 1&2&3&4& Kick R fwd, Kick L fwd, Kick R fwd, Kick L fwd, Step L back
5&6&7&8& Rock R fwd, recover, Rock R back, recover, 2x.
1&2&3&4 Step R across L, L back, R next L, Step L across R, Step R back, Sweep L back (3&) Step L back.
5 - 6 - 7 - 8 ¾ turn R, Walk R, L, R, L.

KICK R, L, R, L, ROCKING CHAIR 2X, JAZZ BOX, R BACK, LEFT SWEEP BACK, STEP BACK, FULL TURN R WALK R,L,R.

- 1&2&3&4& Kick R fwd, Kick L fwd, Kick R fwd, Kick L fwd, Step L back
5&6&7&8& Rock R fwd, recover, Rock R back, recover, 2x.
1&2&3&4 Step R across L, L back, R next L, Step L across R, Step R back, Sweep L back (3&) Step L back.
5 - 6 - 7 - 8 full turn R, Walk R, L, R, L.

KICK R, L, R, L, ¼ TURN L, WEAVE, R CROSS OVER, L LEFT NEXT R. L STOMP FWD, R BACK, HITCH L, STEP L NEXT, R STOMP FWD, L BACK, HITCH R, STEP R NEXT, L STEP FWD, R BACK, L FWD, R FWD, L BACK, R FWD HOOK L BEHIND, L BACK HOOK R ACROSS L, ¼ TURN L.

- 1&2&3&4& Kick R fwd, Kick L fwd, Kick R fwd, Kick L fwd, Step L back
5&6&7&8 ¼ turn L, Step R right, L behind R, Step R right, L cross over R, R cross over L, Step L left, Step R next L.
1&2&3&4& Stomp L fwd, Step R back, Hitch L, Step L next R, Stomp R fwd, Step L back, Hitch R , Step R next.
5&6&7&8& Step L fwd, Step R back, Step L fwd, Step R fwd, Step L back, Step R fwd Hook L behind R, Step L back Hook R across L

KICK L, R, L, R, ¼ TURN R, WEAVE, L CROSS OVER, R RIGHT NEXT L. R STOMP FWD, L BACK, HITCH R, STEP R NEXT, L STOMP FWD, R BACK, HITCH L, STEP L NEXT, R STEP FWD, L BACK, R FWD, L FWD, R BACK, L FWD HOOK R BEHIND, R BACK HOOK L ACROSS R, STEP L NEXT R.

- 1&2&3&4& Kick L fwd, Kick R fwd, Kick L fwd, Kick R fwd, Step R back
5&6&7&8 ¼ turn R, Step L left, R behind L, Step L left, R cross over L, L cross over R, Step R right, Step L next R.
1&2&3&4& Stomp R fwd, Step L back, Hitch R, Step R next L, Stomp L fwd, Step R back, Hitch L , Step L next.
5&6&7&8& Step R fwd, Step L back, Step R fwd, Step L fwd, Step R back, Step L fwd Hook R behind L, Step R back Hook L across R, Step L next R.

KICK L, KICK R, SWIVEL BOTH HEELS RIGHT AND BACK 2X, STEP R FWD, STEP L BACK, WEAVE, THIS PART 2X

- 1&2&3&4& Kick L fwd, Kick R fwd, Step R next L, Swivel both heels Right and back 2 times.
5 - 6 - 7&8& Step R fwd, Step L back, Step R right, Step L across R, Step R right, Step L behind R.

This part 2 times

WEAVE LEFT, WEAVE RIGHT, STEP L NEXT R, SWIVEL BOTH HEELS LEFT,

- 1&2&3&4& Step R across L, Step L left, Step R behind L, Step L left, Step R across L, Step L left, Step R behind L, Step L left

- 5&6&7 - 8 Step R across L, Step L left, Step R behind L, Step L left, Step R across L, Sweep L across R.
- 1&2&3&4& Step L across R, Step R right, Step L behind R, step R right ,Step L across R, Step R right, Step L behind R, step R right
- 5&6&7&8& Step L across R, Step R right, Step L behind R, step R right. Step L across R, Step R right, Step L next, swivel both heels left.

KICK L, KICK R, PADDLE TURN LEFT, KICK L, KICK R, PADDLE TURN LEFT.

1&2&3&4& Kick L fwd, Kick R fwd, paddle turn 6x L

5&6&7&8&

Repeat this part with 8 paddle turns,(in the 2nd wall 6 paddleturns)

Enjoy this dance
