

# I Love My Life (CBA 2021)

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Jazmine Tan (MY), Jennifer Choo Sue Chin (MY), Rebecca Lee (MY) & EWS  
Winson (MY) - January 2021  
音樂: I Love My Life - Justice Crew



Intro: 32 counts in (approx. 0.12 sec)

## #1 (1-8) R Back, L Coaster Step, R Forward, L Pivot ¼ (R), ¼ (L) with L Forward, ¼ (L) with R Side

1            Weight on LF: Step RF back (1) 12.00  
2&3        Step LF back (2), close RF beside :LF (&), step LF forward (4) 12.00  
4            Step RF forward (4) 12.00  
5-6        Step LF forward (5), turn ¼ R over R shoulder (6) 3.00  
7-8        Turn ¼ L stepping LF forward (7), turn another ¼ L stepping RF to R side (8) 9.00

## #2 (9-16) L Sailor Step, R Sailor ¼ (R) with R Forward, L Forward Rock & Recover, L-R Syncopated Back Diagonal Touches

1&2        Cross LF behind RF (1), step RF to R side (&), step LF to L side (2) 9.00  
3&4        Turn ¼ R crossing RF behind LF (3), step LF to L side (&), step RF forward (4) 12.00  
5-6        Rock LF forward (5), recover weight on RF (6) 12.00  
&7&8      Step LF back to L diagonal (&), touch R toes beside LF (7), step RF back to R diagonal (&), touch L toes beside RF (8) 12.00

## #3 (17-24) L-R Syncopated Out Steps, Hold, R-L Side Modified Hip Sways, R-L Side Hip Bumps

&1-2       Step LF slightly back (&), step RF to R side (1), hold for 1 count (2) 12.00  
3-4        Bend both knees (3), slightly straighten knees while swaying hips to R side (4) 12.00  
5-6        Bend both knees (5), slightly straighten knees while swaying hips to L side (6) 12.00  
7-8        Bump hips to R side (7), bump hips to L side (8) 12.00

## #4 (25-32) R Forward Point Across, R Side Point, R Behind, L Side, R Forward, L Side Pointed with Hips Bumped X2, L Behind, R Side, L Cross

1-2        Point R toes forward across LF (1), point R toes to R side (2) 12.00  
3&4        Cross RF behind LF (3), step LF to L side (&), step RF forward (4) 12.00  
5-6        Point L toes to L side bumping hips to L side for 2 counts (5-6) 12.00  
7&8        Cross LF behind RF (7), step RF to R side (&), cross LF over RF (8) \*\*\* 12.00

Restart here on Wall 6. Begin the dance again facing 6.00 o'clock.

## #5 (33-40) R Side, L Drag, L Ball, R Cross Shuffle, L Side Rock & Recover, L Reversed Paddle ½ (L)

1-2        Step RF to R side (1), drag L toes towards RF (2) 12.00  
&3&4      Close LF beside RF (&), cross RF over LF (3), step LF to L side (&), cross RF over LF (4) 12.00  
5-6        Rock LF to L side (5), recover weight on RF (6) 12.00  
7-8        Turn ¼ L pointing L toes to L side (7), turn another ¼ L pointing L toes to L side (8) 6.00

## #6 (41-48) L Back, R Side Point, R Behind, L Side Point, L Monterey ¼ (L), R Monterey ½ (R)

1-2        Step LF back (1), point R toes to R side (2) 6.00  
3-4        Cross RF behind LF (3), point L toes to L side (4) 6.00  
5-6        Turn ¼ L closing LF next to RF (5), point R toes to R side (6) 3.00  
7-8        Turn ½ R closing RF next to LF (7), point L toes to L side (8) 9.00

## #7 (49-56) L Forward, R Forward Kick, R Coaster Step, L-R Forward Walk, ¼ (L) with L-R Forward Camel Walk

1-2        Step LF forward (1), kick RF forward (2) 9.00

3&4 Step RF back (&), close LF next to RF (&), step RF forward (4) 9.00  
5-6 Step LF forward (5), step RF forward (6) 9.00  
7-8 Turn  $\frac{1}{4}$  L stepping LF forward while popping R knee forward (7), step RF forward popping L  
knee forward (8) 6.00

**#8 (57-64) L Forward Mambo, R Back Mambo, L Pivot  $\frac{1}{2}$  (R), L Pivot  $\frac{1}{2}$  (R) with R Forward Kick**

1&2 Rock LF forward (1), recover weight on RF (&), step LF back (2) 6.00  
3&4 Rock RF back (3), recover weight on LF (&), step RF forward (4) 6.00  
5-6 Step LF forward (5), turn  $\frac{1}{2}$  R over R shoulder (6) 12.00  
7-8 Step LF forward (7), turn  $\frac{1}{2}$  R over R shoulder kicking RF forward (8) 6.00

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