

Ale Ale Ale EZ

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lindy Bowers (USA) - January 2021
音樂: Ego (US Version) - Willy William



Intro: 32 cts.

WALK, WALK, OUT, OUT, IN, IN, MAMBO SWEEP, BACK SWEEP, BACK SWEEP

1-2 Step fwd., R-L
&3&4 Step R to R (sl. fwd), step L to L, Step R back home, step L next to R
5&6 Rock R fwd, rec to L, Step R back (sweeping L front to back)
7-8 Step L back, (sweep R front to back), step R back (12:00)

L COASTER STEP, WALK FWD. R-L, ¼ TURN R, BACK ON R -L, R TOE STRUT

1&2 L coaster step (step L back, together w/R, step fwd on L)
3-4 Walk fwd. R-L
5-6& Swivel ¼ turn R (keeping wt. on L), step back on R, step back on L
7&8 Touch R toe fwd., bring heel down twice, taking wt. on R (3:00)

WALK L-R, TRIPLE STEP, STEP PIVOT ¼, STEP PIVOT ¼

1-2 3&4 Walk fwd. L-R, triple step fwd (L-R-L)
5-8 Step R fwd., pivot ¼ turn L, repeat (9:00)

ROCK, ROCK, ROCK, HITCH, JAZZ BOX IN PLACE

1-2 Rock R to R, swing arms to left, repeat on L
3-4 Rock R to R, swing arms to left, step on L, hitch R (cross wrists at chest)
5-8 Cross R over L, (bringing arms down), step L back, step R to R, step L sl. fwd.

Inspired by Furnell and Godden's great dance, Ale Ale Ale for intermediate/adv. dancers. This is a floor split for improver level dancers so that everyone can enjoy this song and some of the same dance moves, and with the blessing of Mark and Chris....thank you!!

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