

Bailando

COPPER KNOB
BY STEPHEN T. S.

拍數: 32 牆數: 4 級數: Improver
編舞者: Helma Nur (INA) - January 2021
音樂: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias



Start On Vocal : Yo te miro y se me corta la respiración

SECTION 1: R/L CROSS SAMBA, FWD / BACK MAMBO

1 & 2 RF Cross Over LF - LF step L - RF on place
3 & 4 LF Cross Over RF - RF step R - LF on place
5 & 6 RF step fwd - recover on LF - RF step back
7 & 8 LF step back - recover on RF - LF step fwd

SECTION 2 : R/L FWD SHUFFLE, ¾ TURN R VOLTA

1 & 2 RF step R diagonal fwd - LF next to RF - RF step R fwd diagonal
3 & 4 LF step L fwd diagonal - RF next to LF - LF step L fwd diagonal
5 & 6 & 7 & 8 (¼ turn R - RF step fwd - LF lock behind RF)

SECTION 3 : ½ LEFT TURN L CHASSE - L RIGHT CHASE, R/L SAMBA WISK

1 & 2 LF step L - RF next to LF - ¼ turn L LF fwd
3 & 4 ¼ turn L, RF step R - LF next to RF, RF step R
5 & 6 LF behind RF - RF cross over LF - LF step L
7 & 8 RF behind LF - LF cross over RF - RF step R

SECTION 4 : ½ LEFT TURN L CHASSE - L RIGHT CHASE, R/L SAMBA WISK

1 & 2 LF step L - RF next to LF - ¼ turn L LF fwd
3 & 4 ¼ turn L, RF step R - LF next to RF, RF step R
5 & 6 LF behind RF - RF cross over LF - LF step L
7 & 8 RF behind LF - LF cross over RF - RF touch out side

Restart on wall 5 after 16 count with change step

Start again - enjoy - have fun and stay safe

Happy dancing, keep active, stay safe!

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