Following The Sun

拍數: 32

級數: Intermediate

編舞者: Sonja Vocke (DE) - January 2021

音樂: Following the Sun - SUPER-Hi & Neeka

Intro: after 16 counts, starting with vocals

- 1-2 RF rock right recover on LF
- 3&4 RF back LF next to RF RF fwrd.
- 5-6 LF rock left recover on RF
- 7&8 LF fwrd. RF lock behind LF LF fwrd.

Section 2 - [9-16] Step Lock Step, Step ½ Turn Right, Full Turn Right, Left, Behind

- 1&2 RF fwrd. LF lock behind RF RF fwrd.
- 3-4 LF fwrd. ½ turn right step on RF (6:00)
- 5-6 turn ¼ right step on LF (9:00) turn ¾ right step on RF (6:00)
- 7-8 LF left RF behind LF

Section 3 - [17-24] Left, Cross Point, Diag. Back Lock Back, 1/8 Turn Right Back, 1/4 Turn Right Point, Cross, Side Ball, Fwrd.

- 1-2 LF left RF point left fwrd. crossing LF
- 3&4 RF diagonally back (4:30) lock LF in front of RF RF diagonally back
- 5-6 LF back 1/8 turn right (6:00) 1/4 turn right point RF to right side (9:00)
- 7&8 RF cross LF L ball left travelling fwrd. recover on RF travelling fwrd.

Section 4 - [25-32] Cross, Side Ball, Fwrd., Open Jazz Box, 1/2 Turn Right, Fwrd.

- 1&2 LF cross RF R ball right travelling fwrd. recover on LF travelling fwrd.
- 3-4 RF cross LF LF back
- 5-6 RF right LF fwrd.
- 7-8 ¹/₂ turn right step on RF (3:00) LF fwrd.

End of wall 8 (12:00) - Tag 1 & 2

Tag 1 (12:00), 8 cts. (x4)

Side Rock, Recover, Behind, ¼ Turn Left, Step ½ Turn Left, Fwrd. 2x

- 1-2 RF rock right recover on LF
- 3-4 RF behind LF ¼ turn left step on LF (9:00)
- 5-6 RF fwrd. ½ turn left step on LF (3:00)
- 7-8 RF fwrd. LF fwrd.

Dance this section 4 times (to 12:00, 3:00, 6:00 and 9:00),

after Tag 1 you directly dance Tag 2

Tag 2 (12:00), 8 cts.

- 1-2-3-4-5-6 RF right, slowly bending right knee and leaning body to right side, left leg stays straightened in place
- 7-8 straighten right leg again, weight back to LF

Start the dance from the top...

Following The Stepsheet you'll certainly have fun. \Box

All kind of feedback is welcome! Write to: s.vocke@gmx.net





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牆數:4