

Oh My God, Na Na Na

拍數: 96 牆數: 2 級數: Intermediate
編舞者: Angéline Fourmage (FR), Maryse Fourmage (FR) & Gregory Danvoie (BEL) - 26
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音樂: Oh My God - RIELL & Alex Byrne



Start : 32 counts

[1-8] Diamond $\frac{3}{4}$ R

1&2 Cross RF over LF, Make 1/8 R with LF Back, RF Back
3&4 LF Back, Make 1/8 R with RF to the R side, Make 1/8 R with LF FW
5&6 RF FW, Make 1/8 R with LF to the L side, Make 1/8 R with RF Back
7&8 LF Back, Make 1/8 R with RF to the R side, Cross LF over RF

[9-16] Mambo, Cross, Mambo, Cross, Step-Turn, $\frac{1}{4}$ L, Step-Turn $\frac{1}{4}$ L

1&2 RF to the R side, Recover to LF, Cross RF over LF
3&4 LF to the L side, Recover to RF, Cross LF over RF
5-6 RF FW, Turn $\frac{1}{4}$ L* (*Option : With Hip Roll)
7-8 RF FW, Turn $\frac{1}{4}$ L* (*Option : With Hip Roll)

[17-24] Cross Samba, Cross Samba, Volta $\frac{1}{2}$ R

1&2 Cross RF over LF, LF to the L side, Recover to RF
3&4 Cross LF over RF, RF to the R side, Recover to LF
5&6&7&8 Volta $\frac{1}{2}$ R (Make 1/8 R with RF FW, LF to the L side, Make 1/8 R with RF FW, LF to the L side, Make 1/8 R with RF FW, LF next to RF, Make 1/8 R with RF FW)

[25-32] Side, Rock-Step, Side, Rock-Step, $\frac{1}{2}$ L, $\frac{1}{2}$ L

1-2& LF to the L side, RF behind LF, Recover to LF
3-4& RF to the R side, LF behind RF, Recover to RF
5&6 LF FW, Make $\frac{1}{2}$ L with RF Back, LF Back
7&8 RF Back, Make $\frac{1}{2}$ L with LF FW, RF FW

[33-40] Mambo, CROSS, SIDE TOGETHER, POINT, CROSS, $\frac{1}{4}$ L FW, STEP-TURN $\frac{1}{2}$ L, STEP

1&2 LF to the L side, Recover to RF, Cross LF over RF
3&4 RF to the R side, LF to the L side, Point RF to the R side
5&6 Cross RF behind LF, Make $\frac{1}{4}$ L with LF FW, RF FW
7-8 Make $\frac{1}{2}$ L, RF FW

[41-48] STEP-TURN $\frac{1}{2}$ R, TRIPLE-TURN $\frac{1}{2}$ R, STEP BACK, KICK, STEP, FLICK, TRIPLE-STEP

1-2 LF FW, Make $\frac{1}{2}$ R
3&4 Triple step 1/2R (Make $\frac{1}{4}$ R with LF to the L side, RF next to LF, Make $\frac{1}{4}$ R with LF back)
5-6 RF back with L kick FW, LF FW with R flick back
7&8 RF FW, LF next to RF, RF FW

[49-56] MAMBO, $\frac{1}{2}$ L, ROCK-STEP $\frac{1}{4}$ L, Sailor step, Sailor Step $\frac{1}{4}$ L

1&2 LF FW, Recover to RF, Make $\frac{1}{2}$ L with LF FW
3-4 Make $\frac{1}{4}$ L with RF to the R side, Recover to LF
5&6 Cross RF behind LF, LF to the L side, RF to the R side
7-8 Cross LF behind RF, Make $\frac{1}{4}$ L with RF back, LF FW

[57-64] SIDE TOE STRUT (BUMP), ROCK STEP, SIDE, SWAY, SWAY, SWAY, SWAY

1&2 R toe to the R side, R bump, Down your R heel (weight is on RF)
3&4 LF behind RF, recover to RF, LF to the L side

5-6 R Sway, L Sway
7-8 R Sway, L Sway

[65-72] SIDE, ROCK-STEP, SIDE, ROCK-STEP, VOLKA ½ R, MAMBO

1-2& RF to the R Side, Cross LF behind RF, Recover to RF
3-4& LF to the L side, Cross RF behind LF, Recover to LF
5&6 Volta ½ R (Make ¼ R with RF FW, LF next to RF, Make ¼ R with RF FW)
7&8 LF FW, recover to RF, LF back

[73-80] Back, Sweep, Back, Sweep, Coaster Step, Rock Step, Weave ¼ R

1-2 RF Back with L Sweep from front to the Back, LF Back with R Sweep from front to the back
3&4 RF back, LF next to RF, RF FW
5&6& Cross LF over RF, Recover to RF, LF to the L side, Recover to RF
7&8 Cross LF behind RF, Make ¼ R with RF FW, LF FW

[81-88] SIDE, ROCK-STEP, SIDE, ROCK-STEP, VOLKA ½ R, MAMBO

1-2& RF to the R Side, Cross LF behind RF, Recover to RF
3-4& LF to the L side, Cross RF behind LF, Recover to LF
5&6 Volta ½ R (Make ¼ R with RF FW, LF next to RF, Make ¼ R with RF FW)
7&8 LF FW, recover to RF, LF back

[89-96] Back, Sweep, Back, Sweep, Coaster Step, Rock Step, Weave ¼ R

1-2 RF Back with L Sweep from front to the Back, LF Back with R Sweep from front to the back
3&4 RF back, LF next to RF, RF FW
5&6& Cross LF over RF, Recover to RF, LF to the L side, Recover to RF
7&8 Cross LF behind RF, Make ¼ R with RF FW, LF FW

Smile and enjoy the dance

contact : maellynedance@gmail.com - gregoire18@hotmail.com
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