

The Tampa Beat

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jo Myers (UK) - January 2021
音樂: Love Not War (The Tampa Beat) - Jason Derulo & Nuka



No Restarts or Tags

#16 count intro

Sec 1: Hip Bumps Right x 2, Behind Side Cross, Hip Bumps Left x 2, Behind Side Forward

1-2 Keeping weight on the left, bump hips right twice.
3&4 Cross right behind left. Step left to left side. Cross right over left.
5-6 Bump hips left twice.
7&8 Cross left behind left. Step right to right side. Step left forward towards right diagonal. (1:30)

Sec 2: Walk Forward, Rock Forward, Recover, Lock Step Back, Rock Back, Recover, Walk Forward

1-2-3 Step right forward. Rock forward on left. Recover onto right.
4&5 Step left back. Lock step right across left. Step left back.
6-7 Rock back on right. Recover forward onto left.
8 Walk forward on right. (1:30)

Sec 3: Walk Forward, Rock, Recover, Side 1/8, Weave, Cross Rock, Recover, Side, Hip Bumps Left x 2

1 Walk forward on left.
2&3 Rock forward on right. Recover onto left. Step right to right side making 1/8 turn right. (3:00)
4&5& Cross left over right. Step right to right side. Step left behind right. Step right to right side.
6& Cross rock left over right. Recover onto right.
7-8 Bump hips left twice, taking weight onto left. (3:00)

Sec 4: Right Sailor, Left Sailor, Right Sailor, Behind, Unwind Full Turn

1&2 Cross right behind left. Step left to left side. Step right to right side.
3&4 Cross left behind right. Step right to right side. Step left to left side.
5&6 Cross right behind left. Step left to left side. Step right to right side.
7-8 Step left behind right. Unwind full turn left. (3:00)

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