

Sing Me Back Home

拍數: 80 牆數: 1 級數: Novice
編舞者: Tjwan Oei (NL) & The Highway 51 Dancers (NL) - January 2021
音樂: Sing Me Back Home - Rosy & Andres



Dance start on lyrics .

#01 - Cross over - Step back - Right chasse - Rock forward - Recover - Left chasse with ¼ turn left

1-2-3&4 RF.cross over LF. - LF.step back - RF.step to right side - LF.step together - RF.step to right side
5-6-7&8 LF.cross over RF. - Recover weight onto LF. - LF.step to left side - RF.step together - LF.step ¼ turn to left forward [09.00]

#02 - Pivot ¼ turn left - Pivot ¼ turn left - Jazz box with ¼ turn left

1-2-3-4 RF.step forward - RF./LF. 1/4 turn to left - RF.step forward - RF./LF. 1/4 turn to left [03.00]
5-6-7-8 RF.cross over LF. - LF.step back - RF.step ¼ turn to left back - LF.step together [12.00]

#03 - Vine to right side - Right chasse - Rock back - Recover

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF. Cross over RF.
5&6-7-8 RF.stepp to right side - LF.step together - RF.step to right side - LF.rock back - Recover weight onto RF.

#04 - Vine to left side - Left chasse - Rock back - Recover

1-2-3-4 LF.step to left side - RF.cross behind LF. - LF.step to left side - RF.cross over LF.
5&6-7-8 LF.step to left side - RF.step together - LF.step to left side - RF.rock back -Recover weight onto LF.

#05 - Step to right side - Step together - Right chasse - Rock forwrd - Recover - Coaster step

1-2-3&4 RF.step to right side - LF.step together - RF.step to right side - LF.step together - RF.step to right side
5-6-7&8 LF.rock forward - Recover weight onto RF. - LF.step back - RF.step together - LF.step forward

#06 - Rocking chair - Pivot ½ turn left - Pivot ¼ turn left

1-2-3-4 RF.rock forward - Recover weight onto LF. - RF.rock back - Recover weight onto LF.
5-6-7-8 RF.step forward - RF./LF. ½ turn to left - RF.step forward - RF./LF. ¼ turn to left [03.00]

#07 - Step diag. to right forward - Lock behind - Step forward - Lock behind - Step forward, Step diag. to left forward - Lock behind - Step forward - Lock behind - Step forward

1-2-3&4 RF.step diag. to right forward - LF. Lock behind RF. - RF.step forward - LF.lock behind RF. - RF.step forward
5-6-7&8 LF.step diag. to left forward - RF.lock behind LF. - LF.step forward - RF.lock behind LF. - LF.step forward

#08 - Pivot ½ turn left - Pivot ½ turn left - Jazz box with ¼ turn left

1-2-3-4 RF.step forward - RF./LF. ½ turn to left - RF.step forward - RF./LF. ½ turn to left [03.00]
5-6-7-8 RF.cross over LF. - LF.step back - RF.step ¼ turn to left back - LF.step together beside RF. [12.00]

#09 - Cross over - Step Back - Step back - Cross over - Rock back - Recover - Walk forward (R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step back - LF.cross over RF.
5-6-7-8 RF.rock back - Recover weight onto LF. - RF.step forward - LF.step forward

#10 - Pivot ½ turn left - Pivot ¼ turn left - Jazz box with ¼ turn left

1-2-3-4 RF.step forward - RF./LF. ½ turn to left - RF.step forward - RF./LF. ¼ turn to left [03.00]
5-6-7-8 RF.cross over LF. - LF.step back - RF.step ¼ turn to left back - LF.step together beside RF. [12.00]

RESTART : After round ONE and round THREE .

***TAG : After round TWO :**

***01 - Step to right side - Step together - Right chasse - Step to left side - Step together - Left chasse**

1-2-3&4 RF.step to right side - LF.step together - RF.step to right side - LF.step together - RF.step to right side

5-6-7&8 LF.step to left side - RF.step together - LF.step to left side - RF.step together - LF.step to left side

***02 - Pivot ½ turn left - Pivot ¼ turn left - Jazz box with ¼ turn left**

1-2-3-4 RF.step forward - RF./LF. ½ turn to left - RF.step forward - RF./LF. ¼ turn to left

5-6-7-8 RF.cross over LF. - LF.step back - RF.step ¼ turn left back - LF.step together beside RF.

ENDING : Repeat the dance bloc 09 and bloc 10 (TWO TIME) till the music end ,.....(12.00) .
