

Lil Bit

拍數: 32 牆數: 2 級數: Improver / Intermediate
編舞者: Jessica Ingram (USA) - 24 December 2020
音樂: Lil Bit - Nelly & Florida Georgia Line



No tags, 1 restart on wall 3, after 16 ½ counts (when first chorus starts)

(1-8) side, behind, ¼ triple, rock, recover, triple ¾ turn

1,2 - step side R, step behind L
3&4 - R,L,R triple 1/4 turn to the right (3:00)
5,6 - step forward L, recover weight back on R
7&8 - L,R,L triple ¾ turn over left shoulder (6:00)

(9-16) side rock/hip swirl, recover, coaster, rock, recover, triple ¾ turn, ¼ pivot

1,2 - step side R with hip swirl, recover weight back on L
3&4 - R,L,R coaster step
5,6 - step forward L, recover weight back on R
7&8& - L,R,L triple ¾ turn over left shoulder, weight on L ball lift R foot ¼ pivot L (6:00)*

***restart dance here, wall 3 after ¼ pivot*, facing 6:00 wall**

(17-24) step back, body roll, coaster, lock step, triple

1,2 - step back right, body roll (end with weight on R)
3&4 - L,R,L coaster step
5,6 - step forward R, step behind L
7&8 - R,L,R triple forward

(25-32) kick and point x 2, ½ turn Monterey, ½ turn

1&2 - kick L, step weight on L, point side R
3&4 - kick R, step weight on R, point side L
&5,6 - step on L, point R to side, ½ turn R & step R next to left
7,8 - point L to side, step L next to R
& - flick R heel behind making ½ turn R (pivot on L ball of foot)

Step sheet written by Jessica Ingram / Cindi Massengale 1/23/21

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