Dance in Pink for Good Health, Peace

& Joy

拍數: 48

牆數: 1 級數: High Beginner Waltz

編舞者: BCSGJB (MY) & Jennifer Choo Sue Chin (MY) - January 2021

音樂: Gong Xi Da Jia Xin Nian Hao (恭喜大家新年好) - Zhang Xiao Ying (張小英)

Intro: 24 counts

Set 1: FWD BASIC WALTZ, BACK BASIC WALTZ

- 1-3 Step LF fwd, Close ball of RF next to LF, Step LF next to RF (in place) 12:00
- 4-6 Step RF back, Close ball of LF next to RF, Step RF next to LF (in place) 12:00

Set 2: RF CROSS POINT HOLD, LF BACK POINT HOLD

- 1-3 Step LF fwd, Point RF to R, Hold 12:00
- 4-6 Step RF back, Point LF to L, Hold 12:00

Set 3: LEFT TWINKLE, RIGHT TWINKLE

- 1-3 Cross LF over RF, Rock RF to R, Recover on LF 12:00
- 4-6 Cross RF over LF, Rock LF to L, Recover on RF 12:00

Set 4: CROSS UNWIND FULL TURN R

1-6 Cross LF over RF and unwind full turn over 6 counts (weight end on RF 12:00

Set 5: L SIDE BACK ROCK RECOVER, R SIDE BACK ROCK RECOVER

- 1-3 Step LF to L, Rock ball of RF slightly behind LF, Recover on LF 12:00
- 4-6 Step RF to R, Rock ball of LF slightly behind RF, Recover on RF 12:00

Set 6: L STEP, POINT RF BACK

- 1-3 LF take a big step to L over 3 counts 12:00
- 4-6 Point RF behind LF over 3 counts 12:00

Set 7: R STEP, POINT LF BACK

- 1-3 RF take a big step to R over 3 counts 12:00
- 4-6 Point LF behind RF over 3 counts 12:00

Set 8: WALK AROUND LEFT

- 1-3 1/3L step LF fwd, 1/3Lstep ball of RF fwd, 1/3L step LF fwd 6:00
- 4-6 1/3L step RF fwd, 1/3L step ball of LF fwd, 1/3 step RF fwd 12:00

Start Again, No Tags, No Restarts

Wishing everyone a Happy, Healthy, Peaceful and Joyful Chinese New Year!

Note: The dance is choreographed for the Breast Cancer Support Group of Johor Bahru, intentionally as a 1 wall dance.

You are welcomed to convert it into a 4 wall dance by doing a total of ³/₄L walk around during Set 8 and start Wall 2 at 3:00.



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