Always Be Your Friend



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Manuela Gustavsson (SWE) - January 2021 音樂: Right Here (feat. Mark Forster) - Tosi Udayana



Intro 8 counts - start on vocals

Note: 4 count tag after wall 2 and after wall 4

Ending in wall 6, section 1, count 5 6: step LF back (5), drag RF in front of LF (6) facing front wall

Section 1 (1-8): Rock back, recover, lockstep turn ½ L, side ¼ L, point, triple full turn

	•		•	-
12		Rock RF back, recover or	o+o I ⊏	
1 2		ROCK RE Dack, recover or	ILO LF	
		,		

3 & 4 Turn ¼ L step RF to R side, cross LF over RF, turn ¼ L step RF back (6:00)

5 6 Turn ¼ L step LF to L side, point RF to R side (3:00)

7 & 8 Turn ¼ R step RF fwd, turn ½ R step LF back, turn ¼ R step RF to R side

Section 2 (9-16): Cross shuffle, side rock, recover, sailor 1/4 R, 2 heel bumps 1/2 L

1 & 2	Cross LF over RF. RF to R side, cross LF over RF
104	Closs LF ovel RF. RF to R side. Closs LF ovel RF

3 4 RF to R side, recover onto LF

5 & 6 Make a ¼ turn R and cross RF behind LF, step LF to L side, step RF fwd (6:00)

7 8 Two heel bumps bouncing ½ L, weight on RF (12:00)

Section 3 (17-24): Rock back, recover, lockstep fwd, mambo cross, mambo cross

12	Step I F h	oack, recov	er onto RF
1 ~		Jack, Iccov	

3 & 4 Step LF fwd, step RF behind LF, step RF fwd

5 & 6 Rock RF to R side, recover onto LF, cross RF over LF (travelling fwd)
7 & 8 Rock LF to L side, recover onto RF, cross LF over RF (travelling fwd)

Section 4 (25-32): Side, together, chasse R, spiral turn 34, rock back, recover

1 2 Step RF to R side, step LF next to to RF

3 & 4 Step RF to R side, step LF next to RF, step RF to R side Cross LF over RF, unwind ¾ R (weight on LF) (9:00)

7 8 Rock RF back, recover onto LF

Section 5 (33-40): Prizzy Walks, Dorothy step diagonal R, Dorothy step diagonal L, cross, back

12	Step RF forward slightly crossing LF, Step LF forward slightly crossing RF
3 4 &	Step RF fwd to R diagonal, lock LF behind RF, step RF fwd (10:30)
56&	Step LF fwd to L diagonal, lock RF behind LF, step LF fwd (7:30)

7 8 Cross RF over LF, step LF back

Section 6 (41-48): Chasse R, ½ turn L chasse L, sailor step ¼ R, step, drag

1 & 2	Step RF to R side, step LF next to RF, step RF to R side
201	Make 1/ turn Letenning LE to Leide (2:00) eten DE nevt to L

3 & 4 Make ½ turn L stepping LF to L side (3:00), step RF next to LF, step LF to L side 5 & 6 Make a ¼ turn R and cross RF behind LF (6:00) step LF to L side, step RF fwd

7 8 Long step to L with LF, drag RF next to LF (weight on LF)

Start again!

Tag: Monterey 1/2 R

Point RF to R side, make a ½ turn R, step RF next to LF boint LF to L side, step LF next to RF (weight on LF)

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