

Girls on Fire

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Laura Sway (UK), Debbie Ellis (ES) & I.C.E. (ES) - January 2021
音樂: Girl On Fire - Alicia Keys



Intro: 68 counts (approx. 44 secs)

Choreographer's Note: Dance starts facing 6.00. Although we turn straightaway, we wanted the impact on the first 2 counts.

S1: ½ Turn Sweep, Cross, Ball Cross, Diagonal Rock & Drag Back, Ball Step

1 Start facing 6.00 - Immediately make ½ turn over left stepping on to left and sweeping right from back to front - 12.00
2,3 Cross right over left, hold
&4 Step left slightly to left side (&), cross right over left
5& Rock left diagonally forward left to 10.30, recover on right (&) 10.30
6,7 Staying on diagonal take a big step back on left, drag right to left
&8 Step on right (&), step left diagonally forward 10.30

S2: Rock & Cross, Hinge Turn Right, Cross, Rock ¼ Step, Walk Forward L,R

1&2 Rock right to right side, recover on left straightening up to 9.00 (&), cross right over left 9.00
3&4 Step back on left making ¼ turn right, make ¼ turn right stepping right to right side (&), cross left over right 3.00
5&6 Rock right to right side, recover on left making ¼ turn left (&), step forward right 12.00
7,8 Walk forward left, walk forward right

S3: Step ½ Turn Step, Full Spiral Turn, Step Sweep, Cross, Rock & Cross, ½ Hinge Turn

1&2 Step forward left, pivot ½ turn right (&), step forward left 6.00
3 Step on right making a full turn left hooking left in front of right
4,5 Step forward left sweeping right from back to front, cross right over left 6.00
6&7 Rock left to left side, recover on right (&), cross left over right
8 Step ball of right to right side making ½ turn left keeping left foot slightly off the ground and pointed forward 12.00

S4: Step Left, Cross, Rock & Cross, Diagonal Rock, Recover, Step With Sweep, Sailor Step, Step Behind

1,2 Step forward left, cross right over left
3&4 Rock left to left side, recover on right (&), cross left over right
5& Rock right to right diagonal (towards 1.30), recover on left (&) 1.30
6 Staying on diagonal take a big step back on right sweeping left around from front to back to straighten up to 12.00 12.00
7&8& Step left behind right, rock right to right side (&), step left in place, step right behind left (&)

Start Over

TAG: At the end of Wall 3 facing 12.00, add the following 4-count tag:

1,2,3,4 Keeping weight on right, raise both arms up with palms facing forward (representing flames rising up)

As you turn into count 1 of the dance, drop both hands back down

ENDING: The dance finishes at the end of Wall 8 facing 6.00. To finish facing 12.00:

1,2,3,4 Hold (1), hold (2), step left to left side (3), make a sharp ½ turn left stepping right to right side bringing both arms up with palms forward hitting the big beat of music (4)
5,6,7,8 Slowly bring hands down

