1 More Chance

拍數: 32

級數: High Beginner

編舞者: Juliet Lam (USA) - January 2021

音樂: Last Chance - Maroon 5 : (Album: Hands All Over, Deluxe Edition 2010)

Intro: 16 counts, start on vocals. (Approx. 7 seconds into track)

S1: Prissy Walk , Hold, Prissy Walk, Hold, Rocking Chair

- 1-4 Walk right forward across left, hold, left forward across right, hold
- 5-8 Rock right forward, recover on left, rock right back, recover on left

S2: Cross, Point, Cross, Point, 1/4 Turn Right, Jazz Box Cross

- 1-2 Cross right over left, point left toe to left side
- 3-4 Cross left over right, point right toe to right side
- 5-8 Cross right over left, turn ¼ right, step left back, step right to side, cross left over right (3:00) *Restart here during Wall 9.

S3: Side Rock, Recover, Cross, Side, Swivel Heel, Toe, Heel, Hitch

- Rock right to right side, recover on left, cross right over left, step left to left side 1-4
- 5-8 Swivel both heels to left, swivel both toes to left, swivel both heels to left, hitch right knee up (Travelling to left, weight on left)

S4: Back, Back, Back, Touch, Rolling Full Turn Left, Point

- 1-4 Walk back right, left, right, touch left toe next to right
- 5-8 Turn ¼ left, step left forward, turn ½ left, step right back, turn ¼ left step left to left side, point right toe to right side (Or touch)

(Easy option : 5-8, Grapevine left, point or touch)

*Restart : Wall 9 begins at 12:00, dance up to counts 16, restart facing 3:00

Start Again - Have Fun!

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牆數:4