

Rather Be You

拍數: 32 牆數: 4 級數: High Improver
編舞者: Astrid Romy Diener (CH) - January 2021
音樂: Rather Be You - Tom Gregory



Note: The dance start after 16 counts, 3 Restart, 1 Tag

S1: mambo back, mambo ½ r, shuffle, ¼ turn l, sway, sway

1&2 LF step back, weight back on RF, LF forward
3&4 RF step forward, weight back on LF, half turn right, put down RF
5&6 LF step forward, RF step to left, LF step forward
7-8 1/4 turn left, RF to right, swing Hip to right, swing hip to left, (weight LF)

S2: mambo back, triple full turn r, shuffle, mambo forward

1&2 step RF back, weight back to LF, RF forward
3&4 LF fwd ½ turn right, RF fwd 1/2 turn right, LF forward (l r l),
5&6 RF forward, LF next to RF, RF forward
7&8 LF forward, weight back on RF, place LF next to RF, (weight on LF) * Tag & Restart (6.00)

S3 : Monterey ¼ r, behind, side, cross, ¼ turn l, ½ turn l, step, rock recover

1&2 RF out to the right, RF back to LF and 1/4 turn to the right (6.00), tap LF out to left
3&4 cross LF behind RF, RF to right, cross LF in front over RF
5-6 ¼ turn left (3.00), ½ turn to left (9.00)
7&8 RF to front, LF to front, weight back on RF * Restart 1. (9.00) and 7. (3.00).

S4 : ½ turn l, step, samba, samba, step, swivel

1,2 1/2 turn to the left, put down LF, RF to the front
3&4 LF to left, weight back on RF, LF forward
5&6 RF to right, weight back on LF, RF forward
7&8 LF to front, both heels to left then turn to center. (weight RF)

***6. wall Tag and Restart: 16 count (12.00)**

Back, drag, samba, ¼ Monterey r, mambo left, back, drag, samba, ¼ Monterey, mambo left

1-2 RF step back, left foot on floor pull back to RF (weight LF)
3&4 RF to right, weight to left, RF cross over LF
5&6& LF point left outside, LF back to RF, RF point right outside and ¼ turn r, (3.00)
7&8 LF to left and park, weight back to RF, park LF to RF (weight LF)
9-10 RF step back, left foot on floor pull back to RF (weight LF).
11 &12 RF to right, weight to left, cross RF over LF
13&14& LF point left outside, LF back to RF, RF point right outside and ¼ turn r, (6.00)
15&16 LF to left and park, weight back to RF, park LF to RF (weight RF)

End: dance to count 30 and turn left to 12.00

In memory of my mother Agnes Diener (6.12.1938 on 10.1.2021)

Last Update - 10 Feb. 2021