

Take It Slow

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Deborah McWha (AUS) - January 2021
音樂: Take It Slow - Jonny Taylor : (iTunes & Spotify)



Intro: Start after 34 counts - No Tags or Restarts

S1: R SIDE, L TOGETHER, SHUFFLE FWD, L SIDE, R TOGETHER, SHUFFLE BACK

12 Step R to side, Step L Together
3&4 Shuffle fwd, (RLR)
56 Step L to side, Step R Together
7&8 Shuffle Back (LRL)

S2: ROCK BACK, RECOVER, STEP FWD, PADDLE 1/4 L, CROSS WEAVE, TURN 1/4 L

12 Rock R back , Recover weight on L
34 Step R fwd, Paddle 1/4 L (9 o'clock)
56 Step R across L, Step L to side
78 Step R behind L, Turn 1/4 L - Step L fwd (6 o'clock)

S3: STEP R FWD, PADDLE 1/4 L, R CROSS SHUFFLE, SIDE L, HINGE TURN 1/2 R-R TO R, ROCK L ACROSS, RECOVER

12 Step R fwd, Paddle 1/4 L
3&4 R Cross shuffle (RLR) (3 o'clock)
56 Step L to side, Turning 1/2 R (hitching R knee)- Step R to side (9 o'clock)
78 Rock L across R, Recover weight on R

S4: STEP L SIDE, CROSS, SIDE L, 3/4 TURN R-R FWD, ROCK L FWD, RECOVER, L BACK, TOUCH

12 Step L to side, Cross R over L
34 Step L to side, 3/4 Turning R fwd (6 o'clock)
56 Rock L fwd, Recover on R
78 Step L back, Tap R next to L

END DANCE: 56 Step L fwd, Pivot 1/2 R recover R, 78 Step L beside R & Tap R next to L (12 o'clock)

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