

My Baby's Train (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Beginner Partner
編舞者: Marc Abramson (USA) & Kathy Kircher (USA) - January 2021
音樂: Morning Train (Nine to Five) - Sheena Easton



Start In Cape Position, Men's and Ladies same steps

Intro: 32 Counts

(1 - 8) Step Lock, Shuffle Forward, Step Lock, Shuffle Forward

1, 2 Step R forward, Lock L behind
3&4 Shuffle forward R, L, R
5,6 Step L forward, Lock R behind
7&8 Shuffle forward L, R, L

(9 - 16) (Slight Diagonals) Forward, Touch, Back, Touch, Back, Touch, Forward, Brush

1, 2 Step R forward, Touch L next to R
3, 4 Step L back, Touch R next to L
5, 6 Step back R, Touch L next to R
7, 8 Step forward L, Brush R

(17 - 24) Cross Rock, Replace, Side Shuffle, Cross Rock, Replace, Side Shuffle

1,2 Cross R over L, Recover on L
3&4 Step side R, Step L together, Step side R
5-6 Cross L over R, Recover on R
7&8 Step side L, Step R together, Step side L

(25-32) Forward Cross, Point, Forward Cross, Point, Step Half, Step Half

1,2 Cross R over L, Point L out to side
3,4 Cross L over R, Point R out to side
5-6 Step forward R, ½ turn pivot L
7-8 Step forward R, ½ turn pivot L

Hands - Step 5 - Drop Right Hands, Raise Left Arms

Step 8 - Reconnect Right Hands in Cape Position.

TAGS: 4 count tag at end of repetitions 2, 5 and 8

Rocking Chair

1,2,3,4 Rock forward R, Recover L, Rock back R, Recover L

OPTION:

Dance will work without tags, but fits the music better with them.

Keepin' It Country

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