

Half The Motion

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Forty Arroyo (USA) - January 2021
音樂: Hotel California - Eagles
或: The Poet - Liberty X



Alt. Music: The Poet - Liberty X

A Hayloft Floor Split for Poetry In Motion c. MIL.

[1-8] SIDE, CROSS/ROCK, REC, SIDE, ROCK, REC, FWD, ROCK, REC, SHUFFLE BACK

1,2&3 Step R to side(1), Rock L behind R(2), Recover weight on R(&), Step L to side(3)
4&5 Rock back on R(4), Step L in place(&), Step forward on R(5)
6& Rock forward on L(6), Recover weight on R(&)
7&8 Shuffle back: Step back on L(7), Step R next to L(&), Step back on L(8)

[&9-16&] 1/8 STEP, STEP, FWD R COASTER, 1/8 L COASTER, MODIFIED ROCKING CHAIR

&1 Making 1/8 turn right - Step slightly forward on R(&), Step L next to R(1) (now at 1:30)
2&3 Step forward on R, Step L next to R, Step back on R
4&5 Making 1/8 turn right - Step back on L(4), Step R next to L(&), Step forward on L(5) (3:00)
6&7& Cross/rock R over L(6), Step L in place(&), Rock R to side(7), Step L in place(&)
8& Cross/rock R behind L, Step L in place

[17-24] SIDE, CROSS, STEP, STEP, CROSS, STEP, STEP, STEP, BALL STEP, BALL STEP

1,2& Slightly back on R - right diagonal(1), Cross L over R(2), Back on R - squaring off to 3:00(&)
3,4&5 Slightly back on L - left diagonal(3), Cross R over L(4), Back on L - squaring off to 3:00(&)
Step R to side(5)
6&7 Forward on L(6), Step ball of R behind L(&), Forward on L(7)
&8 Step ball of R behind L(&), Forward on L(8)

[25-32] SIDE, CROSS/ROCK, REC, STEP BACK ¼ R, ROCK BACK, REC, SIDE, CROSS/ROCK, REC, SIDE, TOUCH - IN, OUT, IN

1-2&3 R to side(1), Cross/rock L behind R(2), Recover weight on R(&), Back on L making ¼ right(3)
4&5 Rock back on R(4), Recover weight on L(&), Step R to side(5)
6&7 Cross/rock L behind R(6), Recover weight of R(&), Step L to side(7)
&8& Touch R next to L(&), To R out to side(8), Touch R next to L(&)

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