

# My Head & My Heart EZ

COPPER KNOB  
BYEPOSTETS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: SoonYoung-Bae (KOR) - January 2021  
音樂: My Head & My Heart - Ava Max



Restart : on 2 wall after 16 counts, 6 wall after 16 counts

Tag : No

## S1[1-8] CROSS ROCK-RECOVER-SIDE CHASSE(R-L)(12:00)

1 2            cross rock over LF(RF), recover(LF)  
3&4           side to R(RF), beside RF(LF), side to R(RF)  
5 6            cross rock over RF(LF), recover(RF)  
7&8           side to L(LF), beside LF(RF), side to L(LF)(12:00)

## S2[9-16] 1/2 TURN L, FWD, FWD SHUFFLE, FWD ROCK, RECOVER, COASTER(6:00)

1 2            fwd step and 1/2 turn L step(RF), fwd step(LF)(6:00)  
3&4           fwd step(RF), beside RF(LF), fwd step(RF)  
5 6            fwd step(LF), recover(RF)  
7&8           back step(LF), beside LF(RF), fwd step(LF)(6:00)  
\*\* RESTART HERE : 2 wall(3:00), 6 wall(12:00)

## S3[17-24] VINE R, SIDE TOUCH AND CLAP\*2, ROLLING VINE L, SIDE TOUCH AND CLAP\*2(6:00)

1-3           side to R(RF), behind RF(LF), side to R(RF)  
&4            side touch beside RF(LF) and clap, clap  
5-7           1/4 turn L step(LF), 1/2 turn L step(RF), 1/4 turn L step(LF)  
&8            side touch beside LF(RF) and clap, clap(6:00)

## S4[25-32] ROCKING CHAIR, 1/2 PIVOT TURN L, RECOVER, 1/4 PIVOT TURN L, RECOVER(9:00)

1-4           fwd rock (RF), recover(LF), back rock(RF), recover(LF)  
5 6            fwd step and 1/2 turn L(RF), recover(LF)  
7 8            fwd step and 1/4 turn L(RF), recover(LF)(9:00)

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