You're The One (That I Love)



拍數: 32 牆數: 4 級數: Beginner

編舞者: Pam Hills (CYP) - January 2021 音樂: You're the One - The Vogues



Inspiration for the dance came from the song which featured in episode 3 of the hit TV show, "The Queen's Gambit"

Intro: 16 counts - start on the word "every". Four count tag at the end of walls 2,4 & 5

S1: Left Side Rock, Cross Shuffle, Right Weave

1-2	Rock left to left side	recover on right

3&4 Cross left over right, step right to right side, cross right over left

5-6-7-8 Step right to right side, step left behind right, step right to right side, cross left over right

S2: Right Side Together, Shuffle Forward, Left Side Together, Left Coaster Step

1-2	Step right to right side, step left beside right
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3&4 Step right forward, step left beside right, step right forward

5-6 Step left to left side, step right beside left

7&8 Step left back, step right beside left, step left forward

S3: Step Pivot 1/4 Turn Left x 2 (Paddle Turns), Cross, Side, Behind, Point

1-2 Step right forward, pivot 1/4 turn over left shoulder (weight on left) [9:00] 3-4 Step right forward, pivot 1/4 turn over left shoulder (weight on left) [6:00]

5-6-7-8 Cross right over left, step left to left side, step right behind left, point left to left side

S4: Cross, Back with 1/4 Turn Left, Left Coaster Step, Skate x 2, Shuffle Forward

1-2 Cross left over right, step right back making 1/4 turn left [3:00]

3&4 Step left back, step right beside left, step left forward

5-6 Skate right, skate left

7&8 Step right forward, step left beside right, step right forward

Start again, have fun!

Four count tag at the end of walls 2,4 & 5

1-2-3-4 Sway left, right, left, right

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