The Heart You Hurt



拍數: 32 編數: Intermediate

編舞者: Aprillia Munarwati (INA) - January 2021

音樂: The Heart You Hurt (Hati Yang Kau Sakiti Korean Version) - Rossa



S 1: NC Basic R, Syncopated Vine 1/8, Forward, Hold, Recover, Full turn L with sweep, Back 2X 12& Step R to side, step L behind R, step R across L 34& Step L to side, step L behind R, step L to side turning 1/8 to L (10.30) 56 Step R forward, hold 78& Full turn to L sweeping L from front to back, step back on L, step back on R S 2: Back, Rock back, Recover with sweep, Cross, Back, 1/2 turn R, Forward, Full turn L 12 Step back on L, rock R back 34& Recover on L sweeping R from back to front, cross R over L, step back on L 56& 1/2 turn R step R forward (4.30), step forward on L, step forward on R 78& Step forward on L, 1/2 turn L step back on R (10.30), 1/2 turn L step forward on L (4.30) S 3: NC Basic R & L, Diamond step 12& 3/8 turn L step R to side (12.00), step L behind R, step R across L 34& Step L to side, step R behind L, step L across R 56& Step R to side, 1/8 turn L step back on L (10.30), step back on R 78& 1/8 turn L step L to side (9.00), 1/8 turn L step forward on R (7.30), Step forward on L S 4: Forward with sweep, Forward, Side, Step behind with sweep, Cross behind, Side, Forward, Attitude full turn. Cross 12& Step forward on R sweeping L from back to front, step forward on L, 1/8 turn L step R to side (6.00)34& Step back on L sweeping R from front to back, cross R behind L, step L to side 567 Step R forward, LF flick back with open the knee and full turn to R at 2 count Cross L over R

Tag 1: 4 Count

1234 Sway RLRL

Tag 2: 2 Count

12 Sway RL

Note:

Tag 1 & restart after 16 Count on wall 2
Tag 2 & restart after 16 Count on wall 5

3. Tag 1 after wall 6

Enjoy dancing.....

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