On the Ridge



拍數: 32 編數: 2 級數: Intermediate

編舞者: Sarah A. Tucker (USA) - January 2021 音樂: Up On the Ridge - Dierks Bentley



LOCK STEP R, SCUFF L, LOCK STEP L, SCUFF R (STEP R, SCUFF L, STEP L, SCUFF R, STEP R, SCUFF L, STEP L, SCUFF R) TURNING 3/4

1&2&	Step right forward, lock left behind right, step right forward, scuff left
3&4&	Step left forward, lock right behind left, step left forward, scuff right

5&6& Turning left, step on right foot, scuff with left, turning left, step left, scuff right

7&8& Turning left, step on right, scuff left, turning left, step left, scuff right

BOX STEP RIGHT OVER LEFT, RIGHT SAILOR STEP, LEFT SAILOR STEP

1-2	Cross right over left, step left back
3-4	Step side right, step left next to right
5&6	Sten right behind left, sten left beside right

Step right behind left, step left beside right, step to right with right foot

Step left behind right, step right beside left, step to left with left foot

RIGHT SAILOR STEP, LEFT SAILOR STEP, TOUCHES R & L, TURN 1/4, TOUCHES R & L

1&2	Step right behind left, step left beside right, step to right with right foot
3&4	Step left behind right, step right beside left, step to left with left foot
5&6&	Touch right foot to right, bring back in, touch left foot to left, bring back in

7&8& Turn ¼ turn to right, touch right foot to right, bring back in, touch left foot to left, bring back in

TWO RIGHT ROCKING CHAIRS

1-2	Step right forward, step back on left foot
3-4	Step back on right, recover weight back to left
5-6	Step right forward, step back on left foot
7-8	Step back on right, recover weight back to left

REPEAT