

# My Friend Named Jack

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Pam Wingo (USA) - January 2021  
音樂: Wine, Beer, Whiskey - Little Big Town



## (Dance Rotates Clockwise)

**(1-8): Stomp, hold (optional clap on hold) to R, step L next to R, Stomp forward on R w/hold (option clap on hold), repeat to L**

1-2            Stomp R foot forward at diagonal, hold (clap optional)  
& 3-4        Step L foot next to right, stomp R foot forward, hold (clap optional)  
5-6           Stomp L foot forward at diagonal, hold (clap optional)  
&7-8        Step R foot next to left, stomp L foot forward, hold (clap optional)

**(9-16): Cross rock, chasse/shuffle to R, repeat to L**

1-2            Cross R foot over L, replace weight to L  
3&4        Step to R, bring L next to R, step R to right  
5-6           Cross L over R, replace weight to R  
7&8        Step to L, bring R next to L, step L to left

**\*\*\*RESTART HERE ON WALL 5; FACING 12:00\*\*\***

**(17-24): Rock forward w/1/2 turn shuffle, rock forward with ¼ turn shuffle**

1-2            Rock forward on R, recover weight to L  
3&4        Make ½ turn with R (facing 6:00) step L foot next to R, step R foot forward  
5-6           Rock forward on L, recover weight to R  
7&8        Make ¼ turn with L (facing 3:00) step R next to L(&), step L foot to side

**(25-32) Step Lock Step w/shuffle forward to R, repeat on L**

1-2            Step R foot forward at diagonal, slide L foot behind R  
3&4        Step forward on R, bring L foot next to R, step forward on R  
5-6           Step forward on L at diagonal, slide R foot behind L  
7&8        Step forward on L, bring R foot next to L, step forward on L

**(33-40) Rock step with ½ turn shuffle, step pivot, with shuffle forward**

1-2            Rock forward on R, replace weight to L  
3&4        Make ½ turn with R foot, bring L next to R, step forward on R (facing 9:00)  
5-6           Step forward on L making ½ turn pivot weight transferring to R (over R shoulder) facing back to 3:00  
7&8        Step L foot forward, bring R foot next to L, step forward on L

**(41-48) Heel grinds with coaster step**

1-2            Step R foot forward with toes to left and rotate heel from L to R (weight is on heel, toes up)  
3&4        Step back on R, bring L foot next to R, step forward on R  
5-6           Step L foot forward with toes to R and rotate heel from R to L (weight is on heel, toes up)  
7&8        Step back on L, bring R foot next to L, step forward on L

**\*\*EASY RESTART: On wall 5, facing 12:00, do the first 2 sets/16 counts and restart facing 12:00.**

Any questions, feel free to contact me at: [pamdances@icloud.com](mailto:pamdances@icloud.com)