

Out of My Mind

拍數: 128 牆數: 2 級數: Novice
編舞者: Tjwan Oei (NL) & The Highway 51 Dancers (NL) - January 2021
音樂: Out of My Mind (feat. Patty Loveless) - Vince Gill



Start the dance on lyrics : After You've got

#01 - Jazz box with cross over - Rock back - Recover - Kick ball cross

1-2-3-4 RF.cross over LF. - LF.stepback - RF.step to right side - LF.cross over RF.
5-6-7&8 RF.rock back - Recover weight onto LF. - RF.kick forward - RF.set ball down - LF.cross over RF.

#02 - Step diag. right fwd. - Lock - Step fwd. - Scuff - Step diag. left fwd. - Lock - Step fwd. - Scuff

1-2-3-4 RF.step diag. to right forward - LF.lock behind RF. - RF.step forward - LF.scuff forward
5-6-7-8 LF.step diag. to left forward - RF.lock behind LF. - LF.step forward - RF.scuff forward

#03 - Rock fwd. - Recover - ½ Turn right fwd. - Step fwd. - Pivot ¼ turn left (2 x)

1-2-3&4 RF.rock fwd. - Recover weight onto LF. - RF.step ½ turn right fwd. - LF.step forward [0600]
5-6-7-8 RF.step forward - RF./LF. ¼ turn to left - RF.step forward - RF./LF. ¼ turn to left [12.00]

#04 - Cross over - Step back - Step back - Cross over - Rock back - Recover - Step fwd. (R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step back - LF.cross over RF.
5-6-7-8 RF.rock back - Recover weight onto LF. - RF.step forward - LF.step forward

#05 - Vine to right side - Scuf forward - Vine to left side - Scuff forward

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.scuff forward
5-6-7-8 LF.step to left side - RF.cross behind LF. - LF.step to left side - RF.scuff forward

#06 - Rocking chair - Pivot ½ turn left - Pivot ¼ turn left

1-2-3-4 RF.rock forward - Recover weight onto LF. - RF. rock back - Recover weight onto LF.
1-2-3-4 RF.step forward - RF./LF. ½ turn to left - RF.step forward - RF./LF. ¼ turn to left [03.00]

#07 - Vine to right side - Side rock - ¼ Turn left fwd. - Walk forward (R - L)

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.cross over RF.
5-6-7-8 RF.rock to right side - RF./LF. ¼ turn to left - RF.step forward - LF.step forward [12.00]

#08 - Jazz box - Hips sway (R - L - R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step to right side - LF.step together beside RF.
5-6-7-8 Hips sway (R - L - R - L)

#09 - Step to right side - Together - Kick ball cross (2 x)

1-2-3&4 RF.step to right side - LF.step together - RF.kick forward - RF. set ball down - LF.cross over RF.
5-6-7&8 RF.step to right side - LF.step together - RF.kick forward - RF.set ball down - LF.cross over RF.

#10 - Rock fwd. - Recover - Triple ½ turn right - Triple ½ turn right - Rock back - Recover

1-2-3&4 RF.rock forward - Recover weight onto LF. - RF.step ¼ turn right fwd. - LF. Step ¼ turn right fwd. - RF.step together [06.00]
5&6-7-8 LF.step ¼ turn right fwd. - RF.step ¼ turn right fwd. - LF.step together - RF.rock back - Recover weight onto LF. [12.00]

#11 - Step fwd. - Side touch - Step fwd. - Side touch - ¼ Turn left back - ¼ Turn left fwd.- Side step - Together

1-2-3-4 RF.step forward - LF.touch to left side - LF.step forward - RF.touch to right side

5-6-7-8 RF.step $\frac{1}{4}$ turn left back - LF.step $\frac{1}{4}$ turn left fwd. - RF.step to right side - LF.step together beside RF. [06.00]

#12 - Step diag. right fwd. - Lock - Step fwd. - Scuff - Step diag. left fwd. - Lock - Step fwd. - Scuff

1-2-3-4 RF.step diag. to right forward - LF. Lock behind RF. - RF.step forward - LF.scuff forward

5-6-7-8 LF.step diag. to left forward - RF.lock behind LF. - LF.step forward - RF.scuff forward

#13 - Vine to right side - Scuff forward - Vine to left side - Scuff forward

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF. step to right side - LF.scuff forward

5-6-7-8 LF.step to left side - RF.cross behind LF. - LF.step to left side - RF.scuff forward

#14 - Rocking chair - Pivot $\frac{1}{2}$ turn left - Pivot $\frac{1}{4}$ turn left

1-2-3-4 RF.rock forward - Recover weight onto LF. - RF. Rock back - Recover weight onto LF.

5-6-7-8 RF.step forward - RF./LF. $\frac{1}{2}$ turn to left - RF.step forward - RF./LF. $\frac{1}{4}$ turn to left [09.00]

#15 - Vine to right side - Side rock - $\frac{1}{4}$ Turn left fwd. - Walk forward (R - L)

1-2-3-4 RF.step to right side - LF.cross behind RF. - RF.step to right side - LF.cross over RF.

5-6-7-8 RF.rock to right side - RF./LF. $\frac{1}{4}$ turn to left - RF.step forward - LF.step forward [06.00]

#16 - Jazz box - Hips sway (R - L - R - L)

1-2-3-4 RF.cross over LF. - LF.step back - RF.step to right side - LF.step together beside RF.

5-6-7-8 Hips sway (R - L - R - L)

Ending : After wall two repeat the dance (32 counts) from bloc 13 till the end of the dance ,...[12.00]
