

Gunshot

COPPERKNOB
STEP SHEETS

拍數: 64 牆數: 4 級數: Intermediate Polka Style
編舞者: Maryloo (FR) - January 2021
音樂: Gunshot - The Sunny Cowgirls



Other musics (Without Restarts) :

* Da Roots » (Folk Mix) - Mind Reflexion

* Roscarbury » - The Irish Ceili Band

* Not Fair » - Lily Allen

Intro : 16 counts

HEEL, HOOK, HEEL, FLICK , TRIPLE FWD (R&L)

1&2& Touch R heel fwd, R hook, touch R heel fwd , R flick

3&4 Triple forward : R.L.R.

5&6& Touch L heel fwd, L hook, touch L heel fwd, L flick

7&8 Triple forward : L.R.L.

PIVOT 1/2 TURN L, R TRIPLE, PIVOT 1/2 TURN R , L TRIPLE

1-2 Step R fwd, pivot 1/2 turn L (weight on L) (6.00)

3&4 Triple forward : R.L.R.

5-6 Step L fwd, pivot 1/2 turn R (weight on R) (12.00)

7&8 Triple forward : L.R.L.

R CROSS, L SIDE, R SAILOR WITH HEEL TOUCH, L CROSS, R SIDE, L SAILOR WITH HEEL TOUCH

1-2 Cross R over L, step L to side

3&4 Cross R behind L, step L next to R, touch R heel to R diagonal

&5-6 Step R in place, cross L over R, step R to side

7&8 Cross L behind R, step R next to L, touch L heel to L diagonal

L BALL, R CROSS, 1/4 TURN R, L BACK, SHUFFLE TO R , L CROSS, R BACK, SHUFFLE TO L

&1 -2 L next to R, cross R over L, 1/4 turn R stepping L back (3.00)

3&4 Shuffle to R side : R.L.R.

5-6 Cross L over R, step R back

7&8 Shuffle to L side : L.R.L.

R TRIPLE FWD, L TRIPLE FWD, PIVOT 1/2 TURN L, PIVOT 1/2 TURN L

1&2 R triple fwd : R.L.R.

3&4 L triple fwd : L.R.L.

5-6 Step R fwd, pivot 1/2 turn L (weight on L) (9.00)

7-8 Step R fwd, pivot 1/2 turn L (weight on L) (3.00)

R ROCK FWD, RECOVER, MASHED POTATOES, R COASTER STEP

1-2 R Rock fwd, recover on L

3&4& Touch ball R back & heels «in », flick L back & heels «out », touch ball L back & heels « in », flick R back & heels « out »

5&6& Touch ball R back & heels «in », flick L back & heels «out », touch ball L back & heels « in », flick R back & heels « out »

Restart : Here during The 4th wall (3.00)

7&8 Step R back, step L next to R, step R fwd

PIVOT 1/4 TURN R, CROSS SHUFFLE, R SIDE ROCK, R SAILOR STEP

1-2 Step L fwd, pivot 1/4 turn R (weight on R) (6.00)

3&4 Cross L over R, step R to side, cross L over R

5-6 Rock R to side, recover on L

Restart : Here during The 2nd wall (3.00)

7&8 Cross R behind L, step L to side, step R to side

L SAILOR STEP, PIVOT ½ TURN L, R KICK BALL STEPS (2X)

1&2 Cross L behind R, ¼ turn L & step R next to L, step L fwd (3.00)

3-4 Step R fwd, pivot ½ turn L (weight on L) (9.00)

5&6 Kick R fwd, R ball next to L, L slightly fwd

7&8 Kick R fwd, R ball next to L, L slightly fwd

RESTARTS :

During The 2nd wall , after 54 counts (3.00)

During The 4th wall, after 46 counts (3.00)

Contact choreographer : MARYLOO (Marie Louise Winninger): maryloo.win68@gmail.com -Website : www.line-for-fun.com
