

Down To One (P)

COPPER KNOB
STEPPERS

拍數: 32

牆數: 0

級數: Easy Intermediate - Pattern Partner
Circle



編舞者: Barb Monroe (USA) & Dave Monroe (USA) - January 2021

音樂: Down to One - Luke Bryan

Couples start in tandem (Indian) position facing OLOD with same footwork throughout

Rock, Recover, Rock, Recover, Rock, Recover, ½ turn Shuffle

1-4 Rock forward R, recover L, rock R back, recover L

5-6 Rock forward R, recover L

7&8 Turn ½ turn R shuffling R, L, R (facing ILOD)

(Arms; drop R arms, bring L arm goes over lady's head and reconnect hands at man's waist)

Side rock, Cross Shuffle, 1/4 turn, ½ turn, Shuffle

1-2 Rock side L, Recover R

3&4 Cross shuffle L R L

5-6 Turn ¼ L stepping R (facing RLOD), Turn ½ L stepping L (facing LOD)

(Arms; drop R arms, bring L arm over lady's head then connect R hands in cape position)

7&8 Shuffle forward R, L, R

Walk, Walk, Shuffle, Heel & Heel &, Walk, Walk

1-2 Walk forward L, Walk forward R

3&4 Shuffle forward L R L

5&6& Touch R heel forward, step R beside L, touch L heel forward, step L beside R

7-8 Walk forward R, Walk forward L

Cross rock, Recover, ¼ turn shuffle, Cross rock, Recover, Coaster step

1-2 Cross rock R over L, Recover L

3&4 Turn ¼ turn R shuffling side R L R (facing OLOD)

5-6 Cross rock L over R, Recover R

7&8 Coaster step L R L

Begin Again

Site - (www.poconocowboy.com)