

Holiday

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Kim Eun Jung Cona (KOR) & Miko Yamamoto (INA) - January 2021
音樂: Holiday - Madonna



No Tag No Restart

* Intro music : 64C from the first strong beat(approx 50 secs)

* Intro dance start on lyrics of " day".

* Intro dance twice and then continue to Main dance.

INTRO DANCE (16C) 2x

#1. FORWARD LOCK SHUFFLE - SIDE ROCK - CROSS - SIDE ROCK - CROSS - SHOULDER POP

1&2 Step R forward, step L lock behind R, step R forward
3&4 Step L to side, recover on R, step L cross over R
5&6 Step R to side, recover on L. step R cross over L
7&8 Shoulder L up, shoulder R up, shoulder L up

#2. BACK LOCK SHUFFLE - HALF TURN FORWARD LOCK SHUFFLE - HALF TURN BACK LOCK SHUFFLE - SIDE ROCK - HITCH

1&2 Step L back, step R cross over L, step L back
3&4 ¼ turn right step R to side, step L close beside R, ¼ turn right step R forward
5&6 ¼ turn right step L to side, step R close beside L, step L back
7&8 Step R to side, recover on L, R knee up

MAIN DANCE

S1.. MODIFIED MONTEREY- KICK BALL CHANGE- BACK LOCK SHUFFLE- 1/4 L SAILOR TURN

1&,2& R touch to side, step R close beside L, L touch to side, step L close beside R
3&,4 R kick forward, step R together and ball, step L in place
5&,6. Step R back, step L close over R, step R back
7&,8. 1/4 turn left step L behind R, step R to side, step L forward

S2. FORWARD- KNEE POP (R, L)- CROSS- 1/4 R BACK- SIDE- CROSS SHUFFLE

1&,2. Step R forward, Lift both heels of the floor popping knees forward, step down on heels (weight on R)
3&,4. Step L forward, Lift both heels of the floor popping knees forward, step down on heels (weight on L)
5, 6& Step R close over L, 1/4 turn right step L back, step R to side
7&,8. Step L cross over R, step R to side, step L cross over R

S3. SIDE-FLICK (R,L) - FORWARD- 1/2 L PIVOT - HEEL BOUNCES TWICE

1, 2. Step R to side, L flick behind R
3, 4. Step L to side, R flick behind L
5, 6& Step R forward, 1/2 turn left step L in place, both heels up
7&,8. Both heels down, both heels up, both heels down (weight on L)

S4 HEEL SWITCHES (R,L,R) - FORWARD- FORWARD DIAGONAL- HITCH- 1/4 L SIDE- HITCH

1&,2& R heel touch forward, step R close beside L, L heel touch forward, step L close beside R
3&,4. R heel touch forward, step R close beside L, step L forward
5, 6. Step R forward diagonal, L knee up

7, 8. 1/4 turn left step L to side, R knee up

Enjoy the dance

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