

# Pick Her Up

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Gianni Hook Valassi (IT) - January 2021  
音樂: Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights



Restart at 5° wall (dance 55 count - hold)

Restart at 7° wall after 8 count hold

## (1) KICK BALL CHANGE (X 2) / JAZZ BOX ¼ TURN

1&2      Kick right - step right - step left  
3&4      Kick right - step right - step left  
5-6      cross over right - step left back  
7-8      step right ¼ turn - together

## (2) JAZZ BOX ¼ TURN / SHUFFLE RIGHT / SHUFFLE LEFT

1-2      cross over right - step left back  
3-4      step right ¼ turn - step left forward  
5&6      step right forward - step left together - step right forward  
7&8      step left forward - step right together - step left forward

## (3) ROCK BACK / TOE STRUT ½ TURN (X3)

1-2      step right forward - recover  
3-4      toe right ½ turn - drop heel  
5-6      toe left ½ turn - drop heel  
7-8      toe right ½ turn - drop heel

## (4) IN IN OUT OUT / JAMPING JACK / ½ TURN / HOLD

1-2      heel left forward - heel right forward  
3-4      step left back - step right back  
5-6      jump / jump cross right  
7-8      ½ turn - hold

## (5) STEP LOCK STEP DIAGONAL (X2)

1-2      step right diagonal forward - cross behind left  
3-4      step right diagonal forward - scuff  
5-6      step left diagonal forward - cross behind right  
7-8      step left diagonal forward - scuff

## (6) ROCKING CHAIR DIAGONAL (X 2 hopping)

1-2      step right diagonal forward - recover  
3-4      step right diagonal back - recover  
5-6      step right diagonal forward - recover  
7-8      step right diagonal back - cross over left

## (7) ROCK STEP BACK (X 2 hopping) / STOMP / SWIVEL RIGHT (X3)

1-2      step right back - recover  
3-4      step right back - recover  
5-6      stomp right - swivel right  
7-8      swivel right - swivel right

## (8) JAZZ BOX LEFT / KICK / STEP BACK / BUMP

1-2      cross over left - step right back  
3-4      step side left - stomp up

5-6 Kick high right - step right back  
7-8 bump left - hold

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