

Post Pandemic (Yi Qing Guo Hou / Setelah Pandemi Berlalu)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Shirley Kurniawati (INA) - January 2021
音樂: Post Pandemic (疫情過後) - Leng Mo (冷漠)



STEP I : 12&3 4&5 67&8 (RF FORWARD LF SWITCHING CROSS RF SIDE LF BEHIND, RF RECOVER LF SIDE RF BEHIND, LF 1/8 TURN to R LF SWITCHING BEHIND RF SWITCHING BEHIND LF SWITCHING BEHIND, RF 1/8 TURN TO R SIDE) .

1 2 & 3 RF step forward, LF switching cross, RF side LF behind
4 & 5 RF recover LF side RL behind.
6 7 8 & LF 1/8 turn to R switching behind, RF switching behind, LF Switching behind, RF 1/8 turn to R side at 3 o'clock.

STEP II : 12&3 4&5 67&8 & LF CROSS RECOVER SIDE RF CROSS RECOVER SIDE LF ROCK FORWARD RECOVER COSTER STEP LOCK STEP.

12&3 LF cross RF recover LF side RF cross.
4& LF recover RF side
56 LF Rock forward RF recover
7&8& LF back RF together LF step forward RF lock LF step.

STEP III : 12&3 4&5 678 &1 LF STEP FORWARD RF TOE TAP TWICE RF SIDE BIG STEP ,LF TOE TAP TWICE LF SIDE ¼ TURN TO L BIG STEP (FACING 12 O'CLOCK). RF SKATE R, LF SKATE L RF MAMBO STEP.

12&3 LF step forward RF toe tap twice RF side big Step.
4&5 LF toe tap twice LF side ¼ turn to L big step (facing 12 o'clock) .
678&1 RF skate LF skate RF forward LF recover RF back.

STEP IV : 2&3 456 7&8& LF COSTER STEP RF TOUCH BEHIND RF ½ TURN R LF ½ TURN TO L, RF JAZZ BOX ¼ TURN L.

2&3 LF behind together step
456 RF touch behind RF ½ turn R LF ½ turn L
7&8& RF cross & LF behind ¼ turn to R RF side & LF cross(facing 3 o'clock).

TAG (2 COUNTS) - AFTER WALL 1

1 RF SWAY R
2 LF SWAY L

RESTART - AT WALL 5 - DO ONLY 16 AND COUNT WITH STEP CHANGE.

STEP CHANGE = step lock CHANGE TO step touch.