

The Flapper

拍數: 32 牆數: 2 級數: Improver
編舞者: Gregory F. Huff (USA) - January 2021
音樂: I'd Rather Lead a Band - Loudon Wainwright III



#8 count intro; 2 beats = 1 count, if using the music above. Restart choreographed for music at 2:27 in the music above.

LEFT KICKS, RIGHT KICKS, CHARLESTON CROSS

1& Kick left foot diagonally back bending leg at the knee, touch ball of left foot next to right
2& Kick left foot back bending leg at the knee, step left foot next to right
3& Kick right foot diagonally back bending leg at the knee, touch ball of right foot next to left
4& Kick right foot diagonally back bending leg at the knee, step right foot next to left
5-6 Cross left foot in front of right, step left foot next to right
7-8 Cross right foot behind right, step right foot next to left

SWIVEL ¼ TURN, SHUFFLE, STEP ½ TURN, ½ TURN RUN

1& On the balls of your feet swivel your heels to the right, then swivel heels back to the center
2& On the balls of your feet swivel your heels to the right as you pivot ¼ turn left, lift your left leg up bending at the knee
3&4 Step left foot forward, step right next to left, step left foot forward
5-6 Step right foot forward, step left foot ½ turn left
7&8& Make ½ turn left in baby steps, stepping right, left, right, left

ROCK & CROSS, ROCK & CROSS, TOUCH FRONT, TOUCH SIDE, SAILOR STEP

1&2 Step right foot to the right side & rock, recover on left foot, cross right foot over left
3&4 Step left foot to the left side & rock, recover on right foot, cross left foot over right
5-6 Touch right foot forward, touch right foot to the right side
7&8 Cross right foot behind left, step left foot to the left side, step right next to left

SHUFFLE LEFT, SHUFFLE RIGHT, ROCK & ¼ TURN WITH CLAPS

1&2& Step left foot to the left side, step right next to left, step left foot to the left side, touch right next to left
3&4 Step right foot to the right side, step left next to right, step right foot to the right side
5&6& Rock forward on the left foot, clap while touching right toe back, step right foot to the right side, clap
7&8& Step left foot 1/4 turn left and rock, clap, step right foot next to left, clap.

RESTART: On wall 7 after 8 counts.

Have fun!!

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