

Those Were The Nights

拍數: 32 牆數: 2 級數: Novice
編舞者: Magali CHABRET (FR) - December 2020
音樂: Those Were the Nights - Two Story Road



#16 counts intro

S1 : L CHASSE, ¼ L with R CHASSE, BACK ROCK, KICK BALL POINT

1&2 Step Lf to side - close Rf beside Lf - step Lf to side
3&4 Turn 1/4 left stepping Rf to side - close Lf beside Rf - step Rf to side (9:00)
5-6 Rock back on Lf - recover onto Rf forward
7&8 Kick Lf forward - step Lf beside Rf - point right toes to right side

S2 : CLOSE, STEP SIDE, R SAILOR, L LEFTS SAILOR, UNWIND ¾ R, STEP SIDE

&1 Close Rf next to Lf - step Lf to side
2&3 Step ball of Rf behind Lf - step ball of Lf to side - step Rf to side
4&5 Step ball of Lf behind Rf - step ball of Rf to side - step Lf to side
6-7 Point right toes behind Lf - unwind 3/4 turn right taking weight on Rf (6:00)

* Restart here, wall 3 (see below)

8 Step Lf to side

S3 : SYNCOPATED WEAVE R, MODIFIED HEEL JACK

1-2&3 Step Rf to side - step Lf behind Rf - step Rf to side - cross Lf over Rf
&4& Step Rf to side - step Lf behind Rf - step Rf to side
5&6 Touch left heel diagonally forward left - step down on Lf - touch Rf next to Lf
&7& Step Rf diagonally back right - touch left heel diagonally left forward - step Lf beside Rf
8 Cross Rf over Lf

* Restart here, wall 7

S4 : ¼ R, ¼ R, TRIPLE ½ TURN R, COASTER STEP, WALK, WALK

1-2 Turn 1/4 right stepping Lf back - turn 1/4 right stepping Rf forward (12:00)
3&4 Turn 1/4 right stepping Lf to side - close Rf beside Lf - turn 1/4 right stepping Lf back (6:00)
5&6 Step back on ball of Rf - close Lf next to Rf - step Rf forward
7-8 Step Lf forward - step Rf forward

Tag at the end of wall 1 (6:00) and wall 4 (12:00) :

JAZZ BOX SQUARE

1-4 Cross Lf over Rf - step back on Rf - step Lf to side - cross Rf over Lf

Restart 1 : wall 3, dance 15 counts (unwind) then add a Hold on count 16. Restart the dance facing 6:00

Restart 2 : wall 7, dance 24 counts, then restart facing 6:00

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphie. Merci de ne pas modifier ces pas de quelque manière que ce soit.

Last Updated - 17 July 2021