

Ribs and Beer

拍數: 32 牆數: 2 級數: Improver
編舞者: Christophe GRIMAUD (FR) - January 2021
音樂: Just the Way We Do It - Trace Adkins



Intro 32 counts

*Reverse Rumba Box

1-2 Step Right to Right, Step Left next to Right
3-4 Step Right behind, Touch Left next to Right
5-6 Step Left to Left, Step Right next to Left
7-8 Step Left forward, Rouch Right next to Left

Restart here wall 11 (12 :00)

*Rocking Chair, ¼ turn to Left x2

1-2 Rock step forward with Right, Recover weight on Left
3-4 Rock step Back with Right, Recover weight on Left
5-6 Step right forward, 1/4 turn to the left (weight on the left foot) 09 :00
7-8 Step right forward, 1/4 turn to the left (weight on the left foot) 06 :00

Restart here wall 2 (12 :00)

*Cross, Side, Heel x2

1-2 Cross Right over Left, Step Left to Left
3-4 Touch Right Heel on diagonal Right, Step Right to Right
5-6 Cross Left over Right, Step Right to Right
7-8 Touch Left Heel on diagonal Left, Step Left to Left

*Mambo forward, Mambo behind

1-2-3-4 Mambo step Right Forward, Hold
5-6-7-8 Mambo step Left Behind, Hold

TAG 6 counts end of wall 6 (12:00)

*Sway Right, Sway Left, Sway Right, Left

1-2 Sway hips Right, Hold
3-4 Sway hips Left, Hold
5-6 Sway hips Right, Sway hips Left

Last Update - 16 Feb. 2021