

# Homegrown TOMATOES

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Val Saari (CAN) - January 2021  
音樂: Homegrown Tomatoes - John Denver



Begin on the word "nothin"

One EZ restart

## STOMP, HEEL FAN, HEEL, TOE, STOMP X 2 (RL)

1-2&      Stomp RF large step R, Fan R heel L, R  
3&4      Tap R heel slightly left, Tap R toes slightly left, Stomp RF together  
5-6&      Stomp LF large step L, Fan L heel R, L  
7&8      Tap L heel slightly right, Tap L toes slightly right, Stomp LF together

## WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2      Walk forward R,L  
3&4      Rock forward on RF, Recover LF, Step back on RF  
5-6      Walk back L,R  
7&8      Rock back on LF, Recover RF, Step LF beside R

## OUT-IN-OUT CROSS RL

1-2      Point RF to R side, Touch RF beside L  
3-4      Point RF to R side, Cross RF over L (optional clap)  
5-6      Point LF to L side, Touch LF beside R  
7-8      Point LF to L side, Cross LF over R (optional clap)

## JAZZ BOX 1/4 R, KICK-BALL CHANGE X 2 (RR)

1-2      Step RF over L, Step LF back 1/4 R  
3-4      Step RF right, Step LF forward  
5&6      Kick RF forward, Step RF together, Step LF together, hold\*  
7&8      Kick RF forward, Step RF together, Step LF together, hold

Styling ideas: In S:2 (walks & mambos), raise your knees a bit like marching style and use elbows to create momentum

Make this a fun happy dance. Enjoy!

\*One EZ restart: on wall 6 after 30 counts facing 6:00

REPEAT

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