

Homegrown TOMATOES

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - January 2021
音樂: Homegrown Tomatoes - John Denver



Begin on the word "nothin"

One EZ restart

STOMP, HEEL FAN, HEEL, TOE, STOMP X 2 (RL)

1-2& Stomp RF large step R, Fan R heel L, R
3&4 Tap R heel slightly left, Tap R toes slightly left, Stomp RF together
5-6& Stomp LF large step L, Fan L heel R, L
7&8 Tap L heel slightly right, Tap L toes slightly right, Stomp LF together

WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward R,L
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back L,R
7&8 Rock back on LF, Recover RF, Step LF beside R

OUT-IN-OUT CROSS RL

1-2 Point RF to R side, Touch RF beside L
3-4 Point RF to R side, Cross RF over L (optional clap)
5-6 Point LF to L side, Touch LF beside R
7-8 Point LF to L side, Cross LF over R (optional clap)

JAZZ BOX 1/4 R, KICK-BALL CHANGE X 2 (RR)

1-2 Step RF over L, Step LF back 1/4 R
3-4 Step RF right, Step LF forward
5&6 Kick RF forward, Step RF together, Step LF together, hold*
7&8 Kick RF forward, Step RF together, Step LF together, hold

Styling ideas: In S:2 (walks & mambos), raise your knees a bit like marching style and use elbows to create momentum

Make this a fun happy dance. Enjoy!

*One EZ restart: on wall 6 after 30 counts facing 6:00

REPEAT

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