

Take a Picture

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate / Advanced
編舞者: Scott Blevins (USA) - June 2020
音樂: Take a Picture - Red Parker : (Album: Red Handed)



#16 count intro

Sequence: A - Tag 1 - B - Tag 2 - A - Tag 1 - B - Tag 2 - A counts 1-16 w/weight change - Tag 1 +2 counts - B - Tag 2 - Tag 2 - ending

Pattern A:

[1-8] PRESS, RECOVER, BEHIND, ¼ FWD, FWD, MAMBO ½ TURN, ¼ BIG STEP, DRAG

1,2,3&4 1) Press R to right; 2) Recover to L; 3) Step R behind L; &) Turn ¼ left stepping L forward; 4) Step R forward [9:00]

5&6 5) Rock L forward; &) Recover to R; 6) Turn ½ left stepping L forward [3:00]

7-8 7) Turn ¼ left stepping R big to right; 8) Drag L to R [12:00]

[9-16] FWD, CROSS, OUT, OUT, CROSS, OUT, OUT, IN, CROSS, ½ UNWIND, HOLD

1-2&3 1) Step L forward; 2) Step R across L; &) Step L slightly back and left; 3) Step R to right

4&5&6 4) Step L across R; &) Step R slightly back and right; 5) Step L to left; &) Step R beside L; 6) Step L across R

7-8 7) Unwind ½ right on the spot; 8) Hold (weight on both feet) [6:00]

[17-24] SIDE, R SAILOR, L MODIFIED SAILOR, ½ RIGHT, SIDE w/HIP CIRCLE, TOUCH

1-2&3 1) Step L to left; 2) Step ball of R behind L; &) Step ball of L to left; 3) Step R to right

4&5-6 4) Step ball of L behind R; &) Step ball of R to right; 5) Step L forward; 6) Turn ½ right touching R beside L [12:00]

7-8 7) Step R to right circling hips clockwise out to right; 8) Continue circling hips as you transfer weight to L ending with R touched beside L

[25-32] FWD, FWD MAMBO, BACK MAMBO, ½ PIVOT, SLOW ½ TURN w/POINT

1-2&3 1) Step R forward; 2) Rock L forward; &) Recover to R; 3) Step L back

4&5 4) Rock R back; &) Recover to L; 5) Step R forward

6-7-8 6) Turn ½ left taking weight on L; 7-8) Turn ½ left over 2 counts ending with R pointed to R [12:00]

Tag 1:

[1-8] CROSS, KNEE POP, RECOVER, BIG STEP, DRAG, CROSS, KNEE POP, RECOVER, BIG STEP, DRAG

1&2,3,4 1) Step ball of R across L; &) Pop knees fwd; 2) Recover weight to L; 3) Big step R to right; 4) Drag L toe toward R

5&6,7,8 5) Step ball of L across R; &) Pop knees fwd; 6) Recover weight to R; 7) Big step L to left; 8) Drag R toe toward L

[9-16] TRIPLE FWD, ¼ ROCK, ¼ RECOVER, TRIPLE FWD, 2 QUICK BOOGIE STEPS, STEP, ½ PIVOT

1&2,3,4 1&2) Triple forward R-L-R; 3) Turn ¼ right rocking L to left; 4) Turn ¼ R recovering to R [6:00]

5&6&7 5&6) Triple forward L-R-L; &) Step ball of R forward pushing hips right; 7) Step ball of L forward pushing hips left

{NOTE: You will insert 2 additional counts here during the third rotation! 1) Extend R arm to right snapping fingers; 2) Extend L arm to left snapping fingers. Now carry on with 8&.}

8& 8) Step R forward; &) Turn ½ left taking weight on L [12:00]

Pattern B:

[1-8] PRESS, HOLD, TOGETHER, PRESS, HOLD, TOGETHER, WALK, WALK, STEP, ½ PIVOT

- 1,2&3,4 1) Press ball of R forward; 2) Hold; &) Step R beside L; 3) Press ball of L forward; 4) Hold
 &5-6 &) Step L beside R; 5-6) Walk forward R-L
 7-8 7) Step R forward; 8) Turn ½ left taking weight on L [6:00]

[9-16] SIDE LUNGE, CLOSE, SIDE LUNGE, CLOSE, FWD, ½ CLOSE, FWD PREP, ½ BACK

- 1-2 1) Step R to right lowering into R knee; 2) Recover to L stepping R beside L
 3-4 3) Step L to left lowering into L knee; 4) Recover to R stepping L beside R
 5,6,7,8 5) Step R forward; 6) Turn ½ left stepping L beside R; 7) Step R forward; 8) Turn ½ right
 stepping L back [6:00]

[17-24] ½ FWD, CONTINUOUS SAILORS FWD, ROCK, RECOVER, ¼, TOGETHER, ¼, STEP, ½ PIVOT

- 1,2&3 1) Turn ½ right stepping R forward; 2) Step L to left; &) Step ball of R behind L; 3) Step ball of
 L to left [12:00]
 &4& &) Step R to right and slightly forward; 4) Step ball of L behind R; &) Step ball of R to right
 5&6&7 5) Rock L forward; &) Recover to R; 6) Turn ¼ left stepping L to left; &) Step R beside L; 7)
 Turn ¼ left stepping L forward [6:00]
 8& 8) Step R forward; &) Turn ½ left taking weight on L [12:00]

[25-32] PRESS, HOLD, TOGETHER, PRESS, HOLD, TOGETHER, WALK, WALK, STEP, ½ PIVOT

- 1,2&3,4 1) Press ball of R forward; 2) Hold; &) Step R beside L; 3) Press ball of L forward; 4) Hold
 &5-6 &) Step L beside R; 5-6) Walk forward R-L
 7-8 7) Step R forward; 8) Turn ½ left taking weight on L [6:00]

Tag 2:

[1-8] ¼ LEAN BACK, ½ RECOVER, ½ TRIPLE, ¼ SIDE ROCK, RECOVER, CROSS, SIDE, CROSS

- 1-2 1) Turn ¼ left leaning back on R bringing hands to face like taking a picture; 2) Turn ½ right
 recovering to L [9:00]
 3&4 3) Turn ¼ right stepping R to right; &) Step L beside R; 4) Turn ¼ right stepping R forward
 [3:00]
 5&6,7,8 5) Turn ¼ right rocking L to left; &) Recover to R; 6) Step L across R; 7) Step R to right; 8)
 Step L across R [6:00]

[9-16] CROSS, TURNING OUT OUT, CROSS TRIPLE, CROSS, TURNING OUT OUT, CROSS TRIPLE

- 1&2 1) Step R across L; &) Turn 3/8 right stepping L back; 2) Step R to right [10:30]
 3&4 3) Step L across R; &) Step R to right; 4) Step L across R
 5&6 5) Step R across L; &) Turn ½ right stepping L back; 6) Step R to right [4:30]
 7&8 7) Step L across R; &) Step R to right; 8) Step L across R

Note: When going from the end of Tag 2 into Pattern A, you will turn 1/8 right squaring up to either 6:00 or 12:00 as you press right.

When going from the end of Tag 2 back into Tag 2, you will turn 1/8 left as you go into the lean back.

Ending: Freeze facing 12:00 while executing the press on count 1 of Pattern A.

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