

# Switch to Me

COPPER KNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: SoonYoung-Bae (KOR) - January 2021  
音樂: Switch to Me (나로 바꾸자) - RAIN (비) & J.Y.Park (박진영)



Restart : No - Tag : No

\* Intro : 32c

iS1(1-8) Vine R, side touch, Side-side touch(L-R) with body wave

1-4            side to R(RF), behind RF(LF), side to R(RF), side ball touch beside RF(LF)  
5-8            side to L(LF), side ball touch beside LF(RF), side to R(RF), side ball touch beside RF(LF)

\*\* styling : 5, 6 counts with moving body wave to R from L

7, 8            counts with moving body wave to L from R

iS2(9-16) Vine L, side touch, Side-side touch(R-L) with body wave

1-4            side to L(LF), behind LF(RF), side to L(LF), side ball touch beside LF(RF)  
5-8            side to R(RF), side ball touch beside RF(LF), side to L(LF), side ball touch beside LF(RF)

\*\* styling : 5, 6 counts with moving body wave to L from R

7, 8            counts with moving body wave to R from L

iS3(17-24) K step with body wave

1-4            digonal fwd to R(RF), together(LF), diagonal bwd to L(LF), together(RF)  
5-8            digonal bwd to R(RF), together(LF), diagonal fwd to L(LF), together(RF)

\*\* styling : as direction of body and rhythm is moving body wave in natural

iS4(25-32) step, hip sway(R-L-R), knee bending(R-L) and arms moving(down-up)

1-4            step to R(RF), hip sway R, hip sway L, hip sway R  
5&6&        knee L bending(LF), knee R straight(stand), knee bending, knee straight(stand)

\*\* styling :

(1) this dance like sit down and up with weight on R leg and face to L

(2) both arms are bending the motion like 'W' and palm is up to the air

(3) the palm is moving up(bending) and down(straight)

7&8&        knee R bending(RF), knee R straight(stand), knee bending, knee straight(stand)

\*\* styling :

(1) this dance like sit down and up with weight on L leg and face to R

(2) both arms are bending the motion like 'W' and palm is up to the air

(3) the palm is moving up(bending) and down(straight)

Main dance : 32c

S1(1-8) Side-hitch(L-R) Rolling vine R, Diagonal hitch

1-4            side to R(RF), knee up(LF), side to L(RF), knee up(LF) -  
5-8            1/4 turn R step(RF), 1/2 turn R step(LF), 1/4 turn R step(RF), diagonal knee up to R(LF)(12:00)

S2(9-16) 1/4 turn R step and hip bump L, Hip bump(R-L), Side step and hip bump R, Hip bump(L-R), 1/4 turn R step, hitch, 1/2 turn L step, hitch

1&2            1/4 turn R step(LF) and hip bump L, hip bump R, hip bump L with weight on LF

\* 1&2 styling : dance with face to L (3:00)

3&4            side step to R(RF) and himp bump R, hip bump L, hip bump R

\*3&4 styling : dance with weight on LF and face to R

5 - 8            1/4 turn R step(RF)(6:00), knee up(LF), 1/2 turn L step(LF), knee up(RF)(12:00)

S3(17-24) Side point, Side touch, 1/4 turn R step, Side point, Side touch, Side point, Side, Cross, Side, Cross

1&2            side point to R(RF), side touch beside LF(RF), 1/4 turn R step(RF) with weight on RF(3:00)

3&4 side point to L(LF), side touch beside RF(LF), side point to L(LF) with weight on LF  
5 -7 side to R(recover)(RF), cross over RF(LF), side to R(RF), cross over RF(LF)(3:00)

**S4(25-32) Kick ball side point (R-L), back step and knee bending(R-L)**

1&2 kick fwd(RF), ball press beside LF(RF), side point to L(LF)

3&4 kick fwd(LF), ball press beside RF(LF), side point to R(RF)

5&6 back step(RF)(weight on R)and knee bending(LF), knee straight(LF), knee bending(LF)

7&8 back step(LF)(weight on L)and knee bending(RF), knee straight(RF), knee bending(RF)

\*\*5&6 7&8 styling :

**(1) two palm is toward in a sky with arms bending to both side**

**(2) two arms : whenever knee bending, moving to up from bottom**

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