

Estella

拍數: 64 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - January 2021
音樂: ESTELLA// (feat. Travis Barker) - KennyHoopla



(Dance starts with lyrics)

[S1] Fwd Rock, Back-Back-Back Rock, 1/4L, Touch-Side-Touch

1 2 Rock forward on R, Recover weight on L
&3 Run back on R-L
4 5 6 Rock back on R, Recover weight on L, Make a 1/4 turn left stepping R to the side (9:00)
7&8 Touch L next to R, Step L to the side, Touch R next to L

[S2] Side Rock, Cross, 1/4R Shuffle Back, 1/2R Shuffle Fwd, Kick

1 2 3 Rock R to the side, Recover weight on L, Cross R over L
4&5 Make a 1/4 turn right shuffle back on L-R-L
6&7 Make a 1/2 turn right shuffle forward on R-L-R (6:00)
8 Kick forward on L

[S3] 2x Back-Kick, Back Rock, Kick-Kick-

1 2 Step back on L, Kick diagonally forward on R
3 4 Step back on R, Kick diagonally forward on L
5 6 Rock back on L, Recover weight on R
7 8 Kick forward on L twice

[S4] -&-1/4R Heel-Together, Kick-Kick-&, 1/4R Heel-&-1/4L Heel-&-Heel-&-1/4L Heel-&

&1 2 Step L together, Make a 1/4 turn right R heel diagonally forward, Step R together (9:00)
3 4& Kick forward on L twice (3 4), Step L together (&)
5&6& Make a 1/4 turn right R heel diagonally forward, Step R together (12:00), Make a 1/4 turn left L heel diagonally forward, Step L together (9:00)
7&8& R heel diagonally forward, Step R together, Make a 1/4 turn left L heel diagonally forward, Step L together**(6:00)

[S5] Fwd Rock, 1/2R Shuffle Fwd, 1/4R Side-Behind-1/4L-Step- (Figure 8)

1 2 Rock forward on R, Recover weight on L
3&4 Make a 1/2 turn right shuffle forward on R-L-R (12:00)
5 6 Make a 1/4 turn right stepping L to the side, Step R behind L (3:00)
7 8 Make a 1/4 turn left stepping forward on L, Step forward on R (12:00)

[S6] -Pivot 1/2L-1/4L-Behind-1/4R, Step-Pivot 1/2R, Full Turn

1 2 Make a 1/2L pivot turn, Make a 1/4 turn left stepping R to the side (3:00)
3 4 Cross L behind R, Make a 1/4 turn right stepping forward on R (6:00)
5 6 Step forward on L, Make a 1/2 turn right recover weight on R
7 8 Make a 1/2 turn right stepping back on L, Make a 1/2 turn right stepping forward on R

[S7] Cross Rock-Side Rock, Behind, Side, 1/4L Samba

1 2 Rock L across R, Recover weight on R
3 4 Rock L to the side, Recover weight on R
5 6 Step L behind R, Step R to the side
7&8 Step forward on L, Make a 1/4 turn left stepping R to the side, Recover weight on L (9:00)

[S8] Fwd Rock-1/2R Fwd Rock, Coaster Step, 1/4R Scuff

1 2 Rock forward on R, Recover weight on L

3 4 Make a 1/2 turn right rock forward on R, Recover weight on L
5&6 Step back on R, Step L next to R, Step forward on R
7 8 Step forward on L, Make a 1/4 turn right scuff forward on R (6:00)

Restart on Wall 4 count 32 (12:00)**

The last wall starts at 12:00 - dance up to 62, then Step forward on L, Make a 1/4 turn left stepping forward on R to the front.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 6/Jan/21)**
