

Legacy

拍數: 32 牆數: 4 級數: Intermediate NC
編舞者: Ranto RAMARSON (FR) - January 2021
音樂: Leave a Legacy - Aaron Jeffrey : (Album: The Climb - 1997)



Introduction 8 counts (Start dancing 1 count before "I want to give....")

[1-8&] BASIC Right - BASIC Left - DRAG Right - TOUCH LF - 1/4T Left - Step LF - Step RF, SPIRALE Left, ROCK STEP LF

1-2& Drag Right, LF behind RF, Recover
3-4& Drag Left, RF behind LF, Recover
5-6& Drag Right, Touch LF, 1/4 Turn Left + Step LF
7 Step RF, Full Turn Left on RF by keeping Toe of LF in touch with the floor
8& Walk LF, Recover on RF

[9-16&] SWEEP- BEHIND SIDE CROSS - RECOVER - SIDE STEP - SIDE - CROSS - 1/4 PIVOT- 1/4 PIVOT - 1/2 TURN- ROCK STEP backward

1 Draw a half circle on the floor with your LF
2&3 LF behind Rf, Side Step Right, Cross LF in front of RF
4&5 Recover on RF, Side Step Left, Cross RF in front of LF
6&7 1/4 Pivot Right, 1/4 Pivot Right, 1/2 Turn Right
8& RF behind LF, Recover on RF

[17-24&] DRAG PD - BEHIND SIDE CROSS - SCISSORS STEP - SCISSORS STEP - BACK - TOGETHER

1 Drag Right
2&3 Cross LF behind RF, Side Step RF, Cross LF in front of RF
4&5 Side Step Right, Put LF close to RF, Cross RF in front of LF
6&7 Side Step Left, Put RF close to LF, Cross LF in front of RF
8& RF backward, Put LF close to RF

[25-32&] STEP Forward - TRIPLE STEP - ROCKING CHAIR - COASTER STEP - LOCKED STEP Forward

1 RF Forward
2&3 LF Forward, RF join LF, LF Forward
4&5 RF Forward, RF backward,
6&7 LF backward, RF join LF, LF Forward
8&8& Lock RF behind LF, LF Forward, Lock RF behind LF

TAGS 1 et 3 after wall 1 and 3 = SWAY Left - SWAY Right

1-2 Switch Hip Right to Right, Switch Hip Left to Left

TAG 2 after wall 2 = BASIC Right - BASIC Left - Full UNWIND - SWAY Right - SWAY Left

1-2& Drag Right, LF behind RF, Recover
3-4& Drag Left, RF behind LF, Recover
5-6 Cross RF in front of LF, full turn on RF
7-8 Switch Hip Right to Right, Switch Hip Left to Left

Wall 5 Change count 15

6&7 1/4 Pivot Right, 1/4 Pivot Right, 3/4 Turn Right

TAG 4 BASIC Right - BASIC Left - Full UNWIND - SWAY Right - SWAY Left

1-2-3-4 Gradually raise your arms
5-6 Down Right arm, Down Left arm

7-8 Cross arms in front of your chest

Enjoy the dance !

Last Update - 8 Jan. 2021
