

Lady Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bambang Satiyawan (INA) - November 2020
音樂: Lady Marmalade - All Saints : (Album - Studio Version)



Start dance after 16 counts/on vocal,

SECTION.I - SIDE-CROSS ROCK-RECOVER-CHASSE TURN-PIVOT-FORWARD-LOCK SHUFFLE

1 Step L to side
2 - 3 Rock R cross over L, Recover on L
4 & 5 Step R to side, Close L beside R, Turn ¼ right Step R forward
6 - 7 Step L forward, Turn ½ right Step R in place
8 & 1 Step L forward, Lock R behind L, Step L forward

***Restart to 2nd step on section I. here on wall 10**

SECTION.II - SIDE ROCK-RECOVER-CROSS SHUFFLE-SIDE ROCK-RECOVER-BEHIND-SIDE-CROSS

2 - 3 Rock R to side, Recover on L
4 & 5 Cross R over L, Step L to side, Cross R over L
6 - 7 Rock L to side, Recover on R
8 & 1 Cross L behind R, Step R to side, Cross L over R

SECTION.III - HOLD-SIDE-CROSS-HOLD-SIDE-CROSS-SIDE ROCK-RECOVER TURN AND SWEEP-COASTER STEP

2 & 3 Hold, Step R to side, Cross L over R
4 & 5 Hold, Step R to side, Cross L over R
6 - 7 Rock R to side, Recover on L turning ¼ right and sweep R back
8 & 1 Step R back, Close L behind R, Step R forward

SECTION.IV - HOLD-LOCK SYNCOPATED FORWARD SHUFFLE-ROCK-RECOVER TURN-SIDE-CLOSE

2 & 3 & Hold, Lock L behind R, Step R forward, lock L behind R
4 & 5 Step R forward, Lock L behind R, Step R forward
6 - 7 Rock L forward, Recover on L
8 & Turn ¼ left Step L to side, Close R beside L

***RESTART on wall 10, dance until 9 counts and then restart to 2nd step on section I. (Cross Rock)**

Enjoy the dance,

Contact person : bambang.1709@gmail.com