

New Shoe Shuffle

拍數: 64 牆數: 4
編舞者: Rex Allott (UK) - January 2021
音樂: New Shoes - Paolo Nutini

級數: Easy Improver



Intro - 16 beats

S1. R, L, prissy steps with hold, R cross shuffle, hold

- 1-2. Cross R over L, hold
- 3-4. Cross L over R, hold
- 5-6. Cross R over L, step L behind R
- 7-8. Step R forward, hold

S2. Back toe struts L, R, rock back L, R, rock forward L, R

- 1-2. Step L toe back, drop heel
- 3-4. Step R toe back, drop heel
- 5-6. Rock back on L, step R next to L
- 7-8. Rock forward on L, step R next to L

S3. Heel, toe swivels R, hold, prissy steps R, L, R, hold

- 1-2. Swivel both heels R, swivel both toes R
- 3-4. Swivel both heels R, hold
- 5-6. Cross L over R, hold
- 7-8. Cross R over L, hold

S4. Cross shuffle L, hold, back toe struts L, R

- 1-2. Step R to L, step L behind R
- 3-4. Step R to L, hold
- 5-6. Step L toe back, drop heel
- 7-8. Step R toe back, drop heel

S5. Heel, toe swivels L, prissy steps with hold L, R

- 1-2. Swivel both heels L, swivel both toes L
- 3-4. Swivel both heels L, hold
- 5-6. Cross R over L, hold
- 7-8. Cross L over R, hold

S6. Cross shuffle R, hold, back toe struts R, L

- 1-2. Step L to R, step R behind L
- 3-4. Step L to R, hold
- 4-5. Step R toe back, drop heel
- 6-7. Step L toe back, drop heel

S7. R 1/4 cross turn L, hold, L prissy step, hold, R cross shuffle, hold

- 1-2. Turning 1/4 turn L, cross R over L, hold
- 3-4. Cross L over R, hold
- 5-6. Cross R over L, step L behind R
- 7-8. Step R forward, hold

S8. Back toe struts L, R, rock back L, R, rock forward L, R

- 1-2. Step L toe back, drop heel
- 3-4. Step R toe back, drop heel

- 5-6. Rock back on L, step R next to L
7-8. Rock forward on L, step R next to L

Tag. Heel digs R, L, full walking turn R

- 1-2. Tap R heel diagonally forward, return
3-4. Tap L heel diagonally forward, return
4-5. Turning 1/2 turn R, step forward on R, step L next to R
6-7. Turning 1/2 turn R, step forward on R, step L next to R

Tag after 1st & 3rd S8. Tag x 2 after 4th S8.

Finish with 1/4 cross turn L to face front
