

Heaven On My Mind

COPPERKNOB
BY STEPHENETS

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Heaven On My Mind - Becky Hill & Sigala



Start dance after 16 count - 2 tags & 1 restart

Section 1 .

1-2 Rock RF to side R - Recover LF
&3-4 Next RF beside LF - rock LF to side L - Recover on RF
5&6 step LF to side L - next RF beside LF - step LF to side L
7-8 step RF over LF - step LF backward

#Section 2.

&1-2 Step RF to side R - Cross LF over RF - step RF to side R
3&4 Step LF behind RF- step RF to side R - cross LF over RF
5-6 Step RF to side R - L turn ¼ step LF forward
7&8 Kick RF forward - step RF beside LF - step LF in place

#Section 3.

1-2 Point toe RF to side R - Hold
&3&4 Step RF beside LF - point toe LF to side L - step LF beside RF - point toe RF to side R
5-6 Step down RF with body roll to R - step next LF
7-8 Step RF forward - L turn ½ stepping LF forward

#SECTION 4.

1&2 Step RF to side R - recover on LF - close RF beside LF
3&4 Step LF to side L - recover on RF - close LF beside RF
5-6 Turn R ¼ press RF to side R - turn R ¼ press RF to side R
7-8 Turn R ¼ press RF to side R - touch RF beside LF

#RESTART on wall 3 (after 32c)

#SECTION 5.

1-2 Rock RF to side R - recover on LF
3&4 Step RF to side R - next LF beside RF - step RF to side R
5-6 Rock LF to side L - recover on RF
7&8 Step LF to side L - next RF beside LF - step LF to side L

#SECTION 6.

1&2 Step RF forward - Recover on LF - step RF backward
3&4 Step LF backward - recover on RF - step LF forward
5-6 L turn ¼ point RF to side R - L turn ¼ point RF to side R
7-8 Step RF forward - small jump LF forward & flick RF back

#SECTION 7.

1-2 Walk RF forward - walk LF forward
3&4 Cross RF over LF - step LF to side L - step RF in place
5-6 Walk LF forward - walk RF forward
7&8 Cross LF over RF - step RF to side R - step LF in place

#SECTION 8.

1-2 Step RF forward - L turn ½ stepping LF forward

3-4 Step RF forward - L turn ½ stepping LF forward
5-6 Hitch RF - step RF to side R
7-8& Rock LF to side L - recover on RF - next LF beside RF

#TAG (4 count) After wall 2 & 5 .

V-step

1-2 Step RF diagonal forward - step LF diagonal forward
3-4 Step RF to centre - next LF beside RF
