

Everything Is Fine!

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Liz Atkinson (USA) - January 2021
音樂: Blue Rock Sugar Mountain - Mad Manoush



#32 count intro

S1: CROSS KICK-BALL-CHANGE X2, FWD ROCK, RECOVER, WALK BACK, BACK

1 & 2 Kick RF across L, step on ball of RF beside LF, step LF beside RF
3 & 4 Kick RF across L, step on ball of RF beside LF, step LF beside RF
5, 6 Rock fwd onto RF, recover LF
7, 8 Step RF back, step LF back (12:00)

S2: SHUFFLE BACK X2, ROCK BACK, RECOVER, WALK FWD, FWD

1 & 2 Step RF back, step LF closer to RF, step RF back
3 & 4 Step LF back, step RF closer to LF, step LF back
5, 6 Rock back onto RF, recover LF
7, 8 Step RF fwd, step LF fwd (12:00)

***Restart here on wall 5**

S3: 1/4 L TRIPLE R SIDE, 1/4 L TRIPLE L SIDE, 1/4 L TRIPLE R SIDE, 1/4 L STEP SIDE, TOUCH

1 & 2 Turning 1/4 L (9:00) step RF to R side, step LF beside RF, step RF to R side
3 & 4 Turning 1/4 L (6:00) step LF to L side, step RF beside LF, step LF to L side
5 & 6 Turning 1/4 L (3:00) step RF to R side, step LF beside RF, step RF to R side
7, 8 Turning 1/4 L (12:00) step LF to L side, touch RF beside LF (12:00)

S4: V-STEP (HEELS), SAILOR STEP, SAILOR 1/4 L

1, 2 Step RF to R diagonal, step LF to L diagonal

(For whimsical styling place weight on heels only, toes up)

3, 4 Step RF slightly back and to center, step LF beside RF

(Optional: clap hands on all four counts of V-Step)

5 & 6 Step RF behind LF, step LF to L side, step RF to R side

7 & 8 Turning 1/4 L (9:00) step LF behind RF, step RF to R side, step LF to L side (9:00)

***RESTART on wall 5 (12:00) Dance first 16 counts and begin again.**

Contact: info@LizAtkinsonDance.com
Asheville, NC, USA