

Sunny Days in My Life (해뜰날)

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Phrased Easy Beginner
編舞者: SoonYoung-Bae (KOR) - January 2021
音樂: Sunny Days (해뜰날) - An Seong Jun (안성준)



Restart : No - Tag: No

A : 32c B: 32c phrased

* Sequence : A-A-A - B-B-B - A-A - B-B-B (Ending 16c)

Part A : 32c

S1(1-8) Jazzbox, Cross ×2

1-4 fwd step on LF(RF), behind RF(LF), side step to R(RF), cross over RF(LF)
5-8 fwd step on LF(RF), behind RF(LF), side step to R(RF), cross over RF(LF)(12:00)

S2(9-16) Fwd mambo back, Back mambo fwd, 1/4 turn R jazzbox, Cross

1&2 fwd step on LF(RF), recover (LF), behind LF(RF)
3&4 bwd step on RF(LF), recover(RF), fwd step on RF(LF)
5-8 fwd step on LF(RF), 1/4 turn R behind RF(LF), side step to R(RF), cross over RF(LF)(3:00)

S3(17-24) Lindy R, Vine L, Touch

1&2 side step to R(RF), beside RF(LF), side step to R(RF)
3 4 back rock on RF(LF), recover(RF)
5-8 side step to L(LF), behind LF(RF), side step to L(LF), side touch beside LF(RF)(3:00)

S4(25-32) Side touch, Dragging big step to R, Cross back rock, Recover, 1/4 turn step L ×2, 1/2 shuffle turn L

1 side touch beside LF(RF)
2 3 dragging big side step to R(RF)
* styling : moving two arms like wings to bottom from up with body leaning to L for dragging(option)
& 4 cross diagonal(1/8 turn L)back rock on RF(LF), recover(RF)(1:30)
5 6 1/8 turn L step(LF), 1/4 turn L step(RF)(6:00)
7&8 1/4 turn L step(LF), beside LF(RF), 1/4 turn L step(LF) (3:00)

Part B : 32c (interlude part)

S1(1-8) Fwd step and hip bump, hip bump×3 with two hands behind a head, hip bump×4 moving to bottom from up

1 fwd ball touch on LF(RF) and hip bump to digonal down from up with two hand behind a head
2-4 hip bump bump to digonal down from up with two hands behind a head×3
5-8 hip bump bump to digonal down from up×4 with arms moving like wings to bottom from up (12:00)

S2(9-16) Fwd, Fwd point, Bwd step, Bwd point(R-L)

1-4 fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)
5-8 fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)(12:00)

** Ending (B part 16c) : S2's 5-8 counts are changed a part

5-7 fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF)
&8 cross ball step behind LF(RF), 1/2 turn R (Unwind turn)

S3(17-24) 1/4 turn R, Fwd point, bwd step, bwd point, Fwd, Fwd point, Bwd step, Bwd point

1-4 1/4 turn R step(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)
5-8 fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)(3:00)

S4(25-32) hully gully with shimmy

1 2 side step to R(RF) with shimmy and knee bending, shimmy and knee bending
3 4 step beside RF(LF), hold
5 6 side step to R(RF) with shimmy and knee bending, shimmy and knee bending
7 8 step beside RF(LF), hold

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